

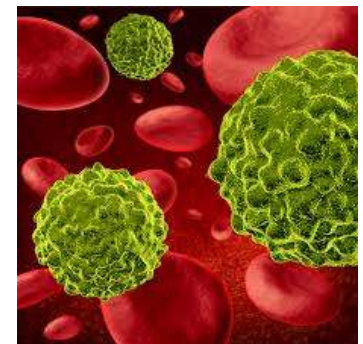
2013 International Conference on Diabetes  
and Metabolism & 5<sup>th</sup> Scientific Meeting of the  
Asian Association for the Study of Diabetes

6~9 November 2013  
Grand Hilton Seoul Hotel, Seoul, Korea

# Epidemiology of cancer in diabetes

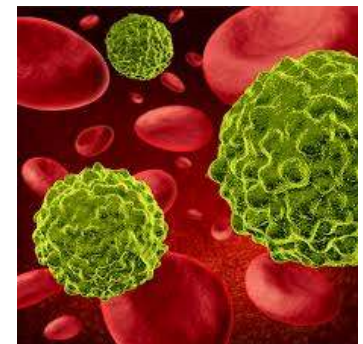
**Nan Hee Kim, MD, Ph.D.**

**Korea University Medical School**



# Contents

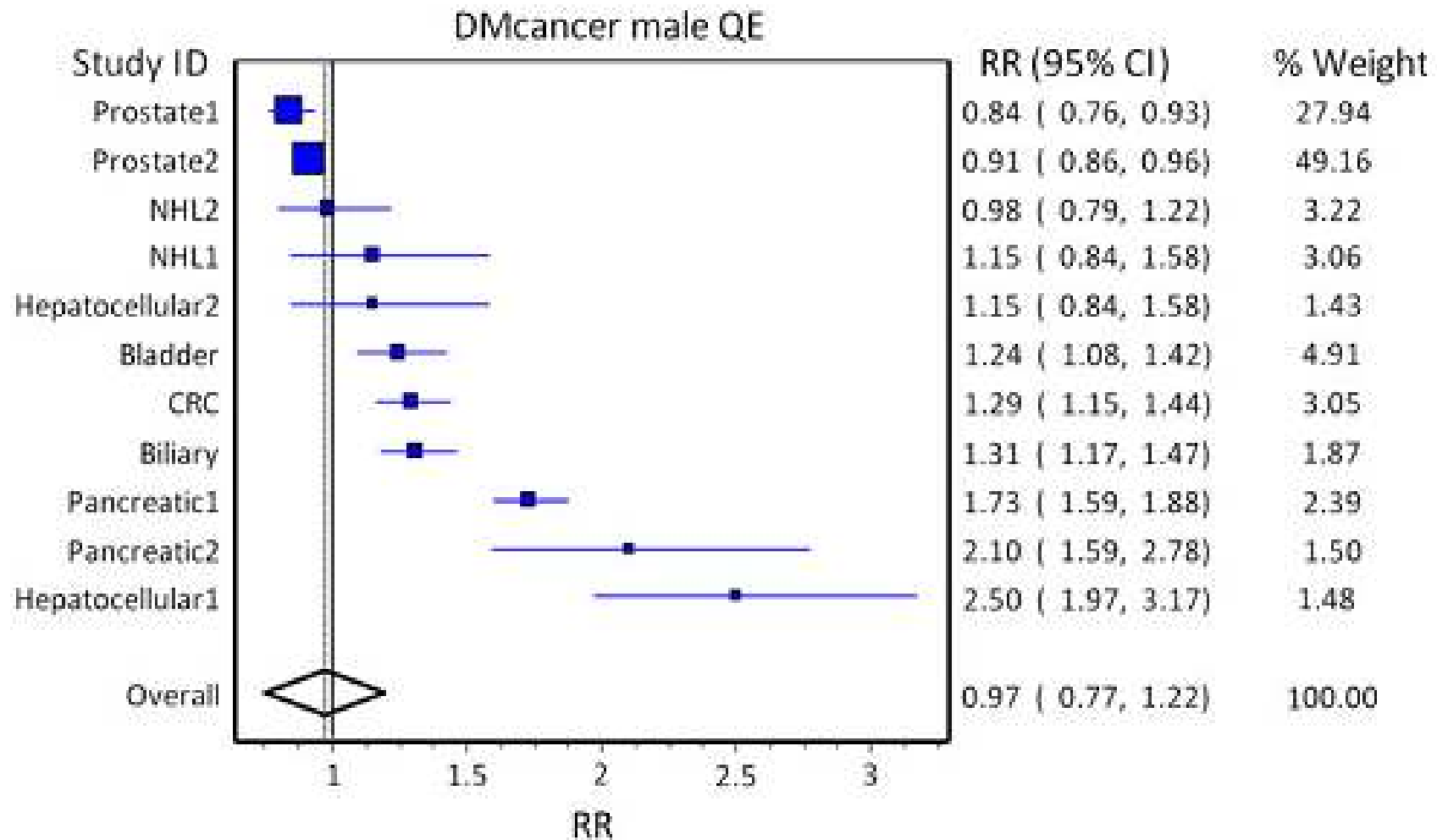
- **Association of diabetes and cancer**
- **Possible mechanisms of this association**
  - **Hyperinsulinemia**
  - **IGF-I**
- **Treatment of diabetes and cancer**



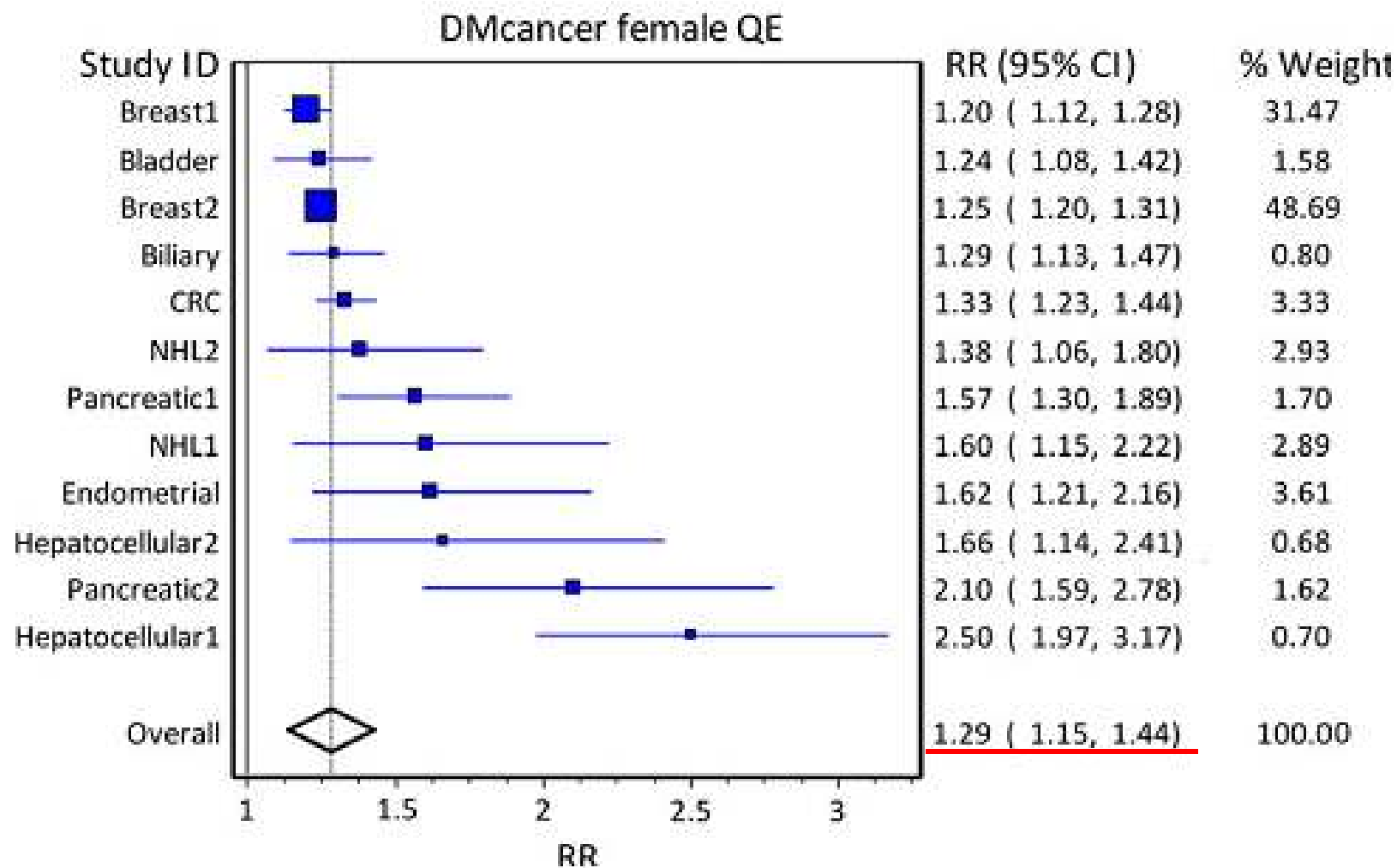
# Association of diabetes and cancer



# Pooled risk of cancer in diabetic men



# Pooled risk of cancer in diabetic women



# Diabetes affects mortality in cancer

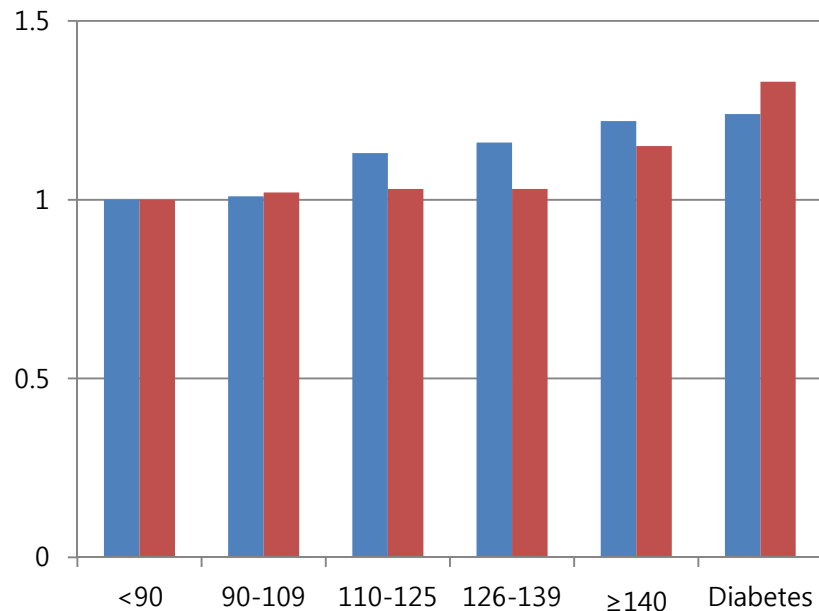
**Table 3** Summary of meta-analyses of survival in cancer patients with diabetes

Cancer site (number of studies)	First author	HR (95 % CI) of death (all cause)
All cancer types (23)	Barone [115]	1.41 (1.28–1.55)
Breast (8)	Peairs [116]	1.49 (1.35–1.65)
Prostate (4)	Snyder [117]	1.57 (1.12–2.20)

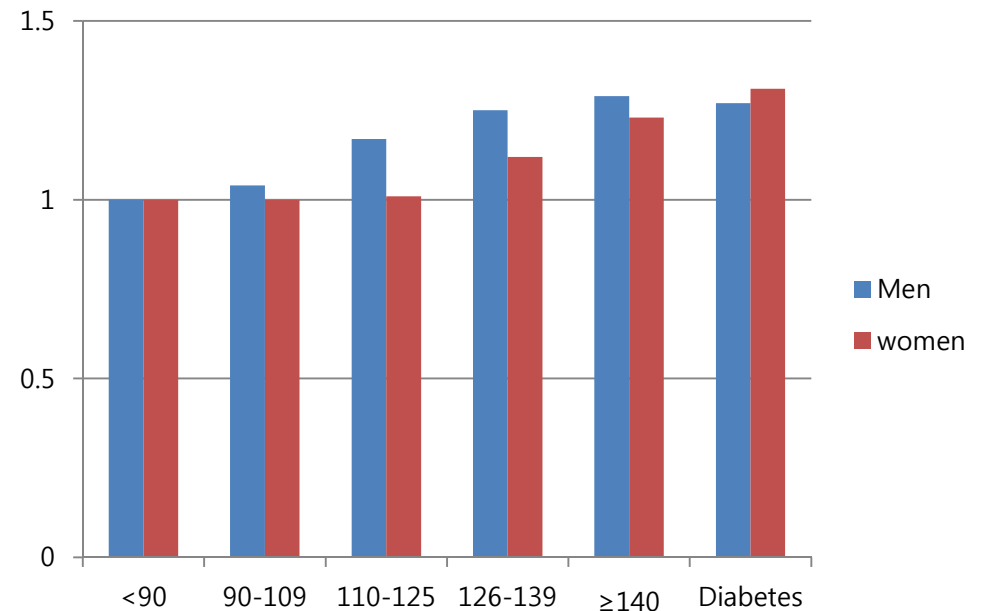
# Fasting Serum Glucose Level and Cancer Risk in Korean Men and Women

10yr prospective cohort study of more than one million Koreans who received Health insurance from the National Health Insurance Corp.

### Cancer incidence by FPG levels



### Cancer mortality by FPG levels

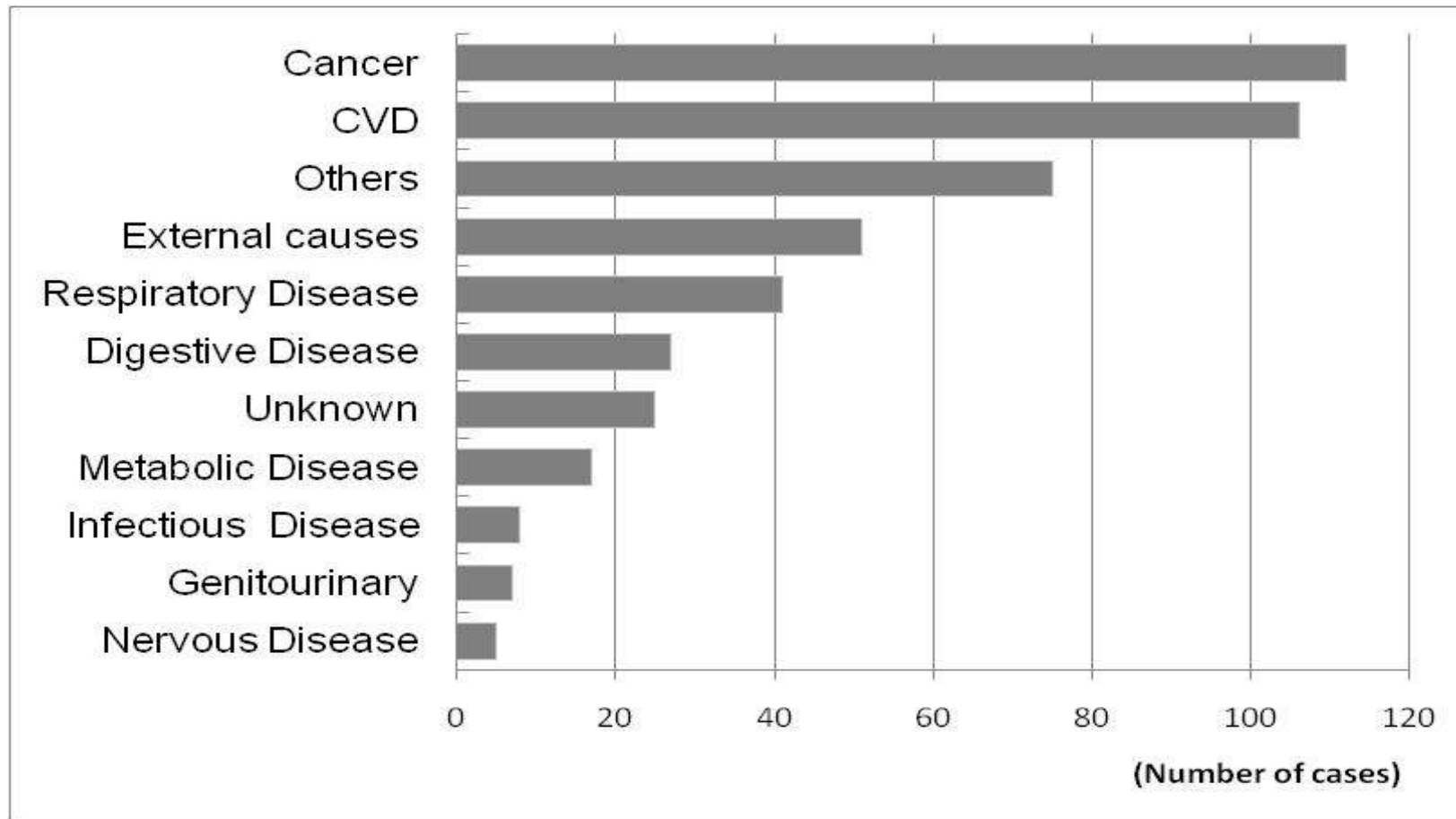


Diabetes: FPG ≥126 or medication

# Plasma glucose regulation and mortality in Korea : A pooled analysis of three community-based cohort studies

Yonchon, Jungeup, and Ansan studies, N=3801

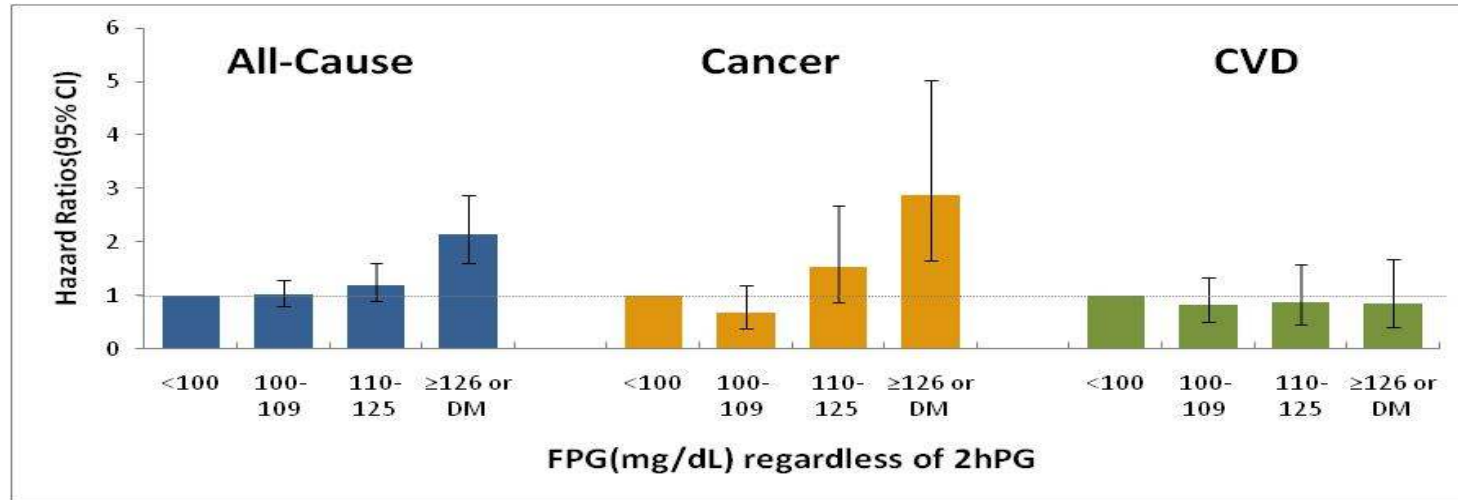
Median f/u: 11yr, N. of all-cause death: 474



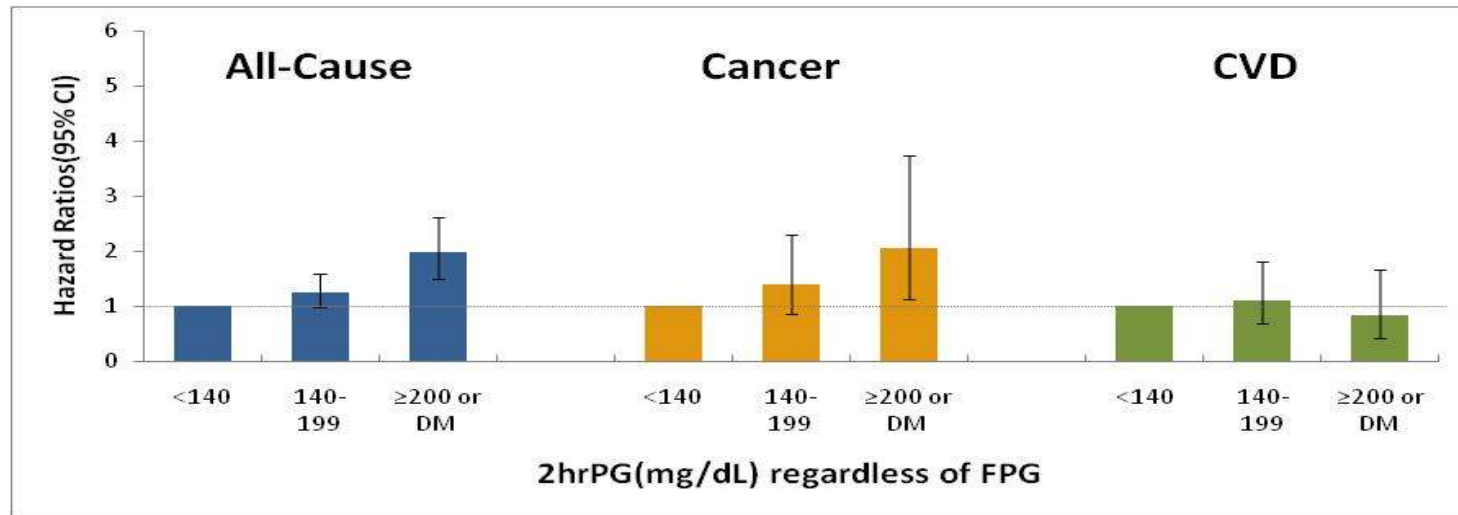


# Plasma glucose regulation and mortality in Korea

## a) FPG



## b) 2hPG

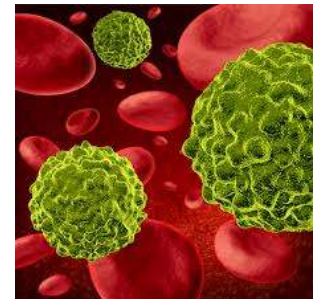


HR: Adjusted for age, sex, study center, BMI, systolic blood pressure, total cholesterol, HDL-cholesterol and smoking status.

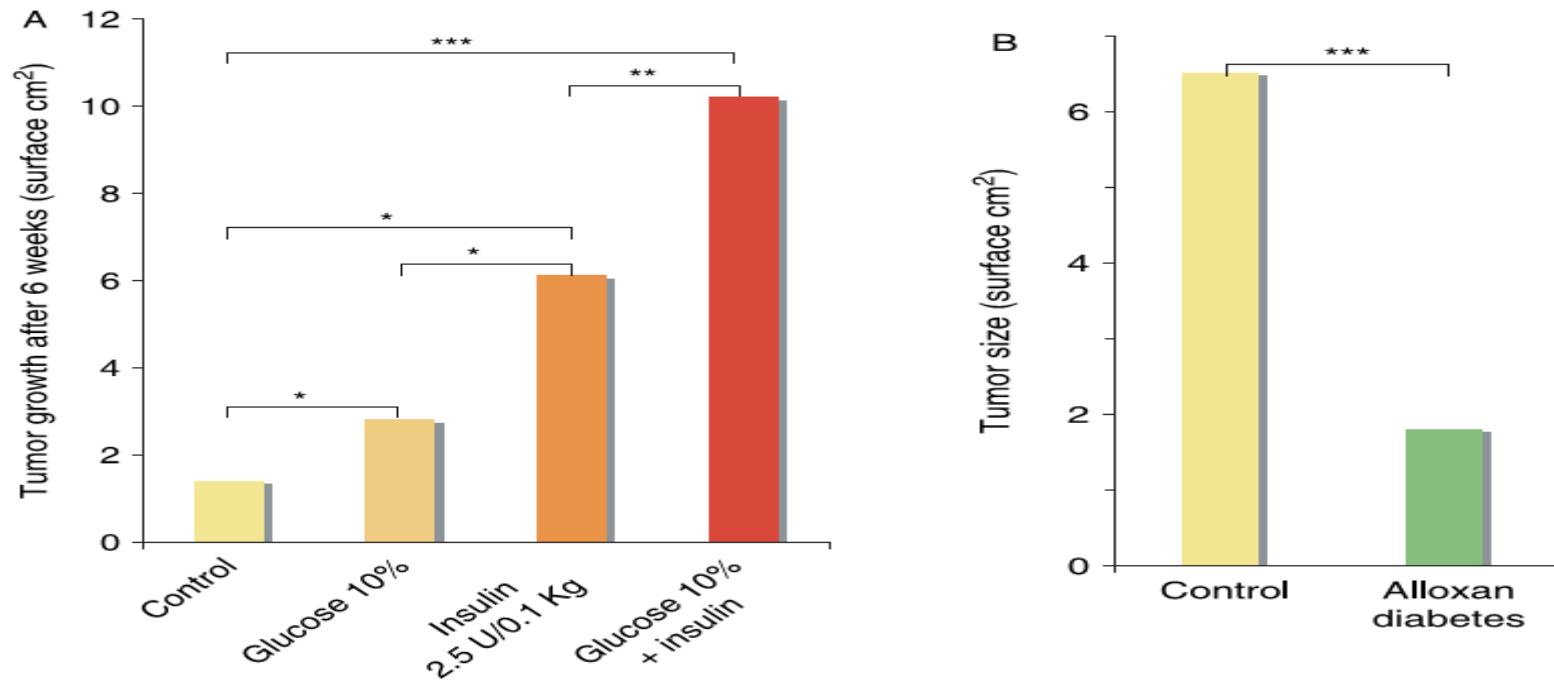
# Linking mechanisms between diabetes and cancer

**Hyperinsulinemia**

**Increased Insulin-like growth factor-I  
(IGF-I) activity**



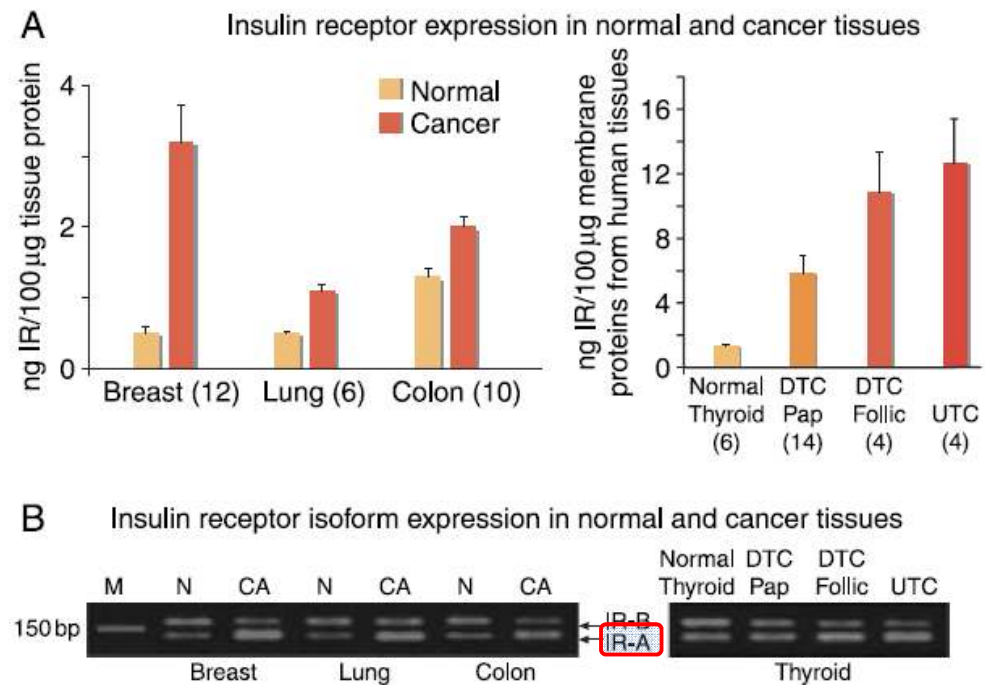
# Effects of insulin administration and deprivation on mammary tumor growth



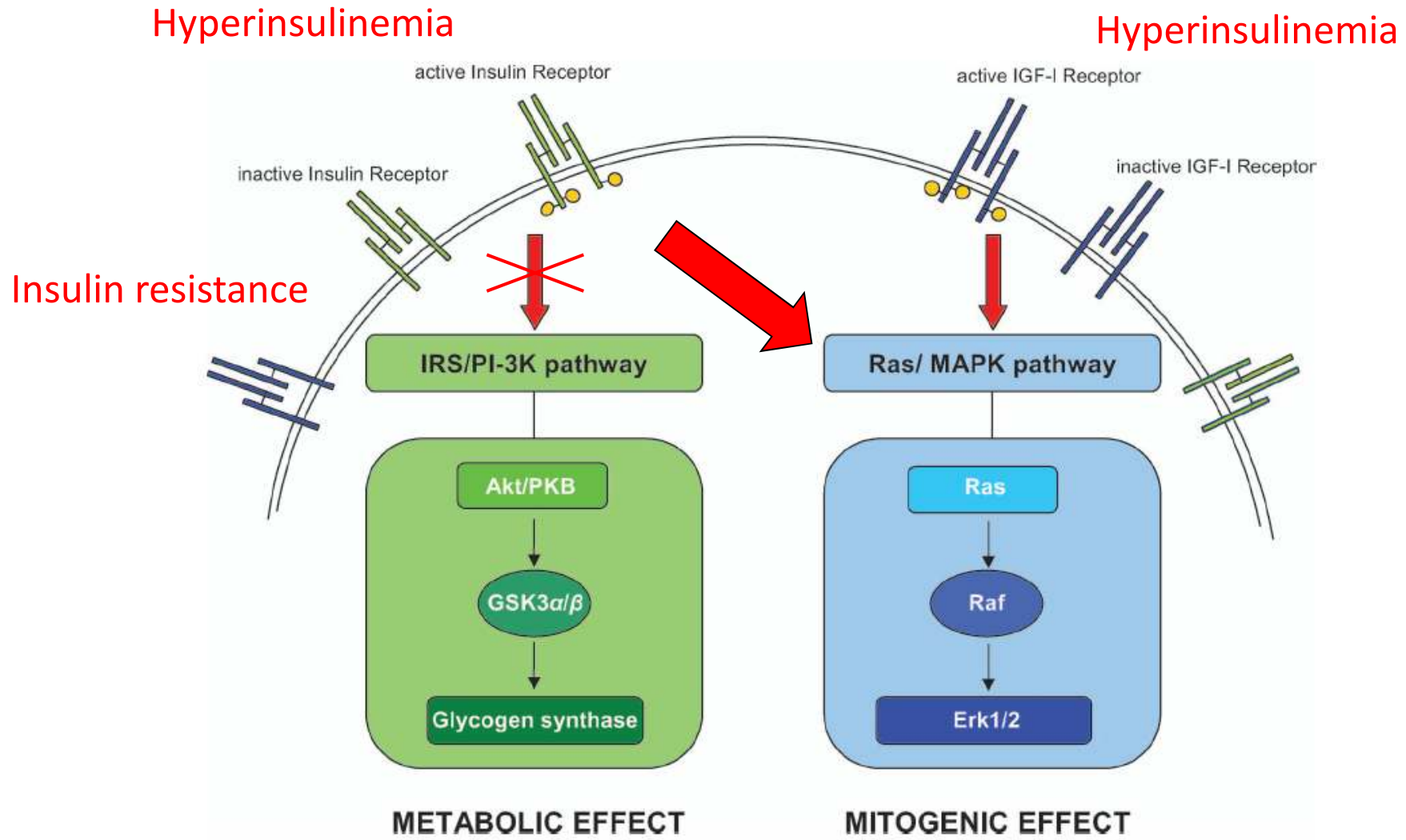
- Administration of insulin produced a significant increase in tumor growth
- Mammary tumor showed regression after induction of alloxan diabetes, which represents insulin deficiency

# Insulin receptor (IR) contents and IR isoform expression in cancer

- Many cancer cells have an **increased IR contents**, especially IR-A
- By binding to overexpressed IR-A, insulin may **facilitate the growth of tumors**

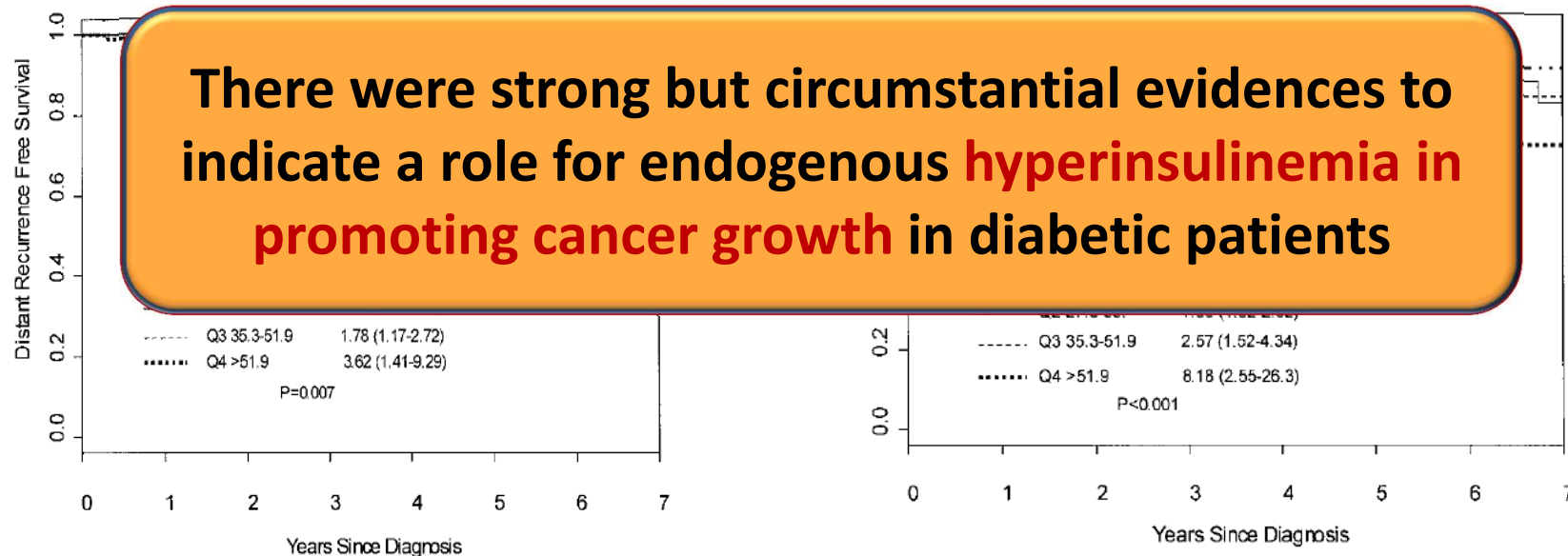


# Insulin and IGF-1 receptor signaling

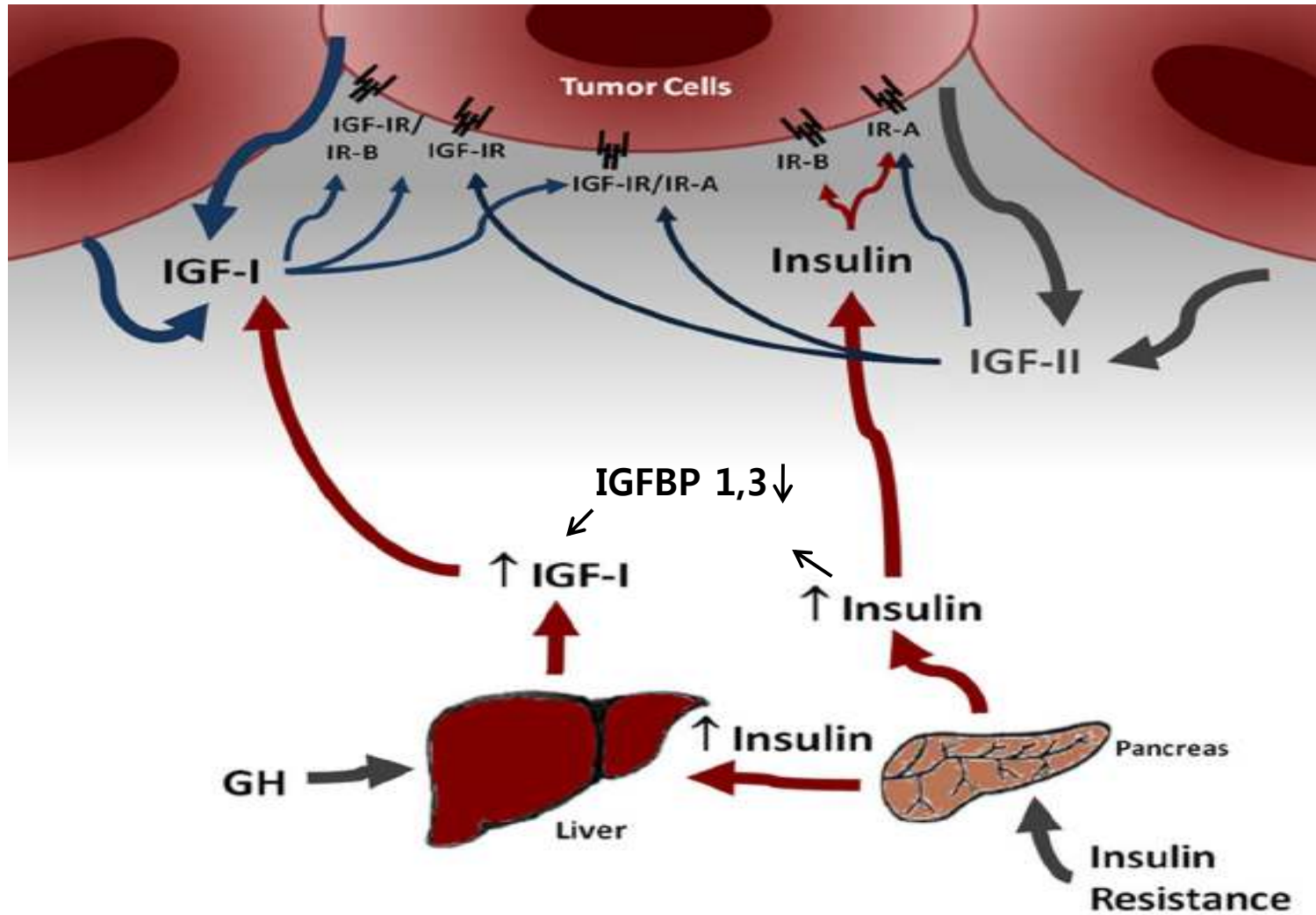


# Fasting insulin and outcome in breast cancer

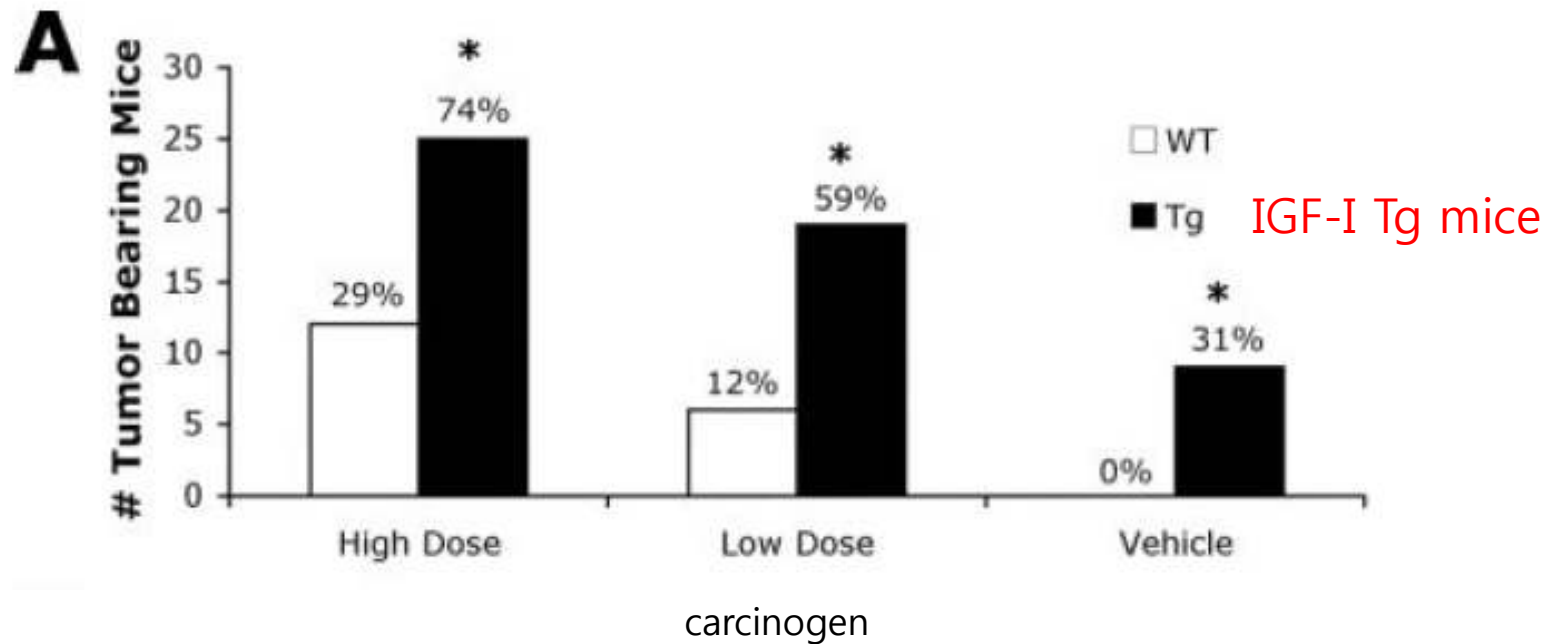
In a cohort of 512 women without diabetes, who had early stage breast cancer, **higher serum insulin level was associated with worse outcome**



# Signaling of IGFs in tumor cells



# Overexpression of IGF-I stimulates mammary tumorigenesis





# Comparison of highest and lowest serum IGF-I levels by cancer site

## (a) Prostate cancer

### Cohort studies

Chan 1998 <sup>5</sup>	152/152	Quartiles	4.32 (1.76–10.6)
Harman 2000 <sup>24</sup>	72/203	Tertiles	3.11 (1.11–8.74)
Stattin 2000 <sup>25</sup>	149/298	Quartiles	1.32 (0.73–2.39)
All cohort studies			2.43 (1.11–5.32)

### Case-control studies

Wolk 1998 <sup>22</sup>	224/224	Quartiles	1.43 (0.88–2.33)
Finne 2000 <sup>23</sup>	179/486	Quartiles	0.57 (0.28–1.16)
Chokkalingam 2001 <sup>26</sup>	128/306	Quartiles	3.92 (1.58–9.70)
All case-control studies			1.42 (0.56–3.60)

### All studies

1.83 (1.03–3.26)

## (b) Colorectal cancer

### Cohort studies

Ma 1999 <sup>7</sup>	193/318	Quintiles	2.51 (1.15–5.46)
Giovannucci 2000 <sup>27</sup>	79/158	Tertiles	2.18 (0.94–5.01)
Kaaks 2000 <sup>28</sup>	102/200	Quintiles	1.23 (0.47–3.22)
Probst-Hensch 2001 <sup>29</sup>	135/661	Quintiles	1.18 (0.55–2.53)
Palmqvist 2002 <sup>30</sup>	168/336	Quartiles	1.27 (0.62–2.63)

### All studies

1.58 (1.11–2.27)

## (c) Pre-menopausal breast cancer

### Cohort studies

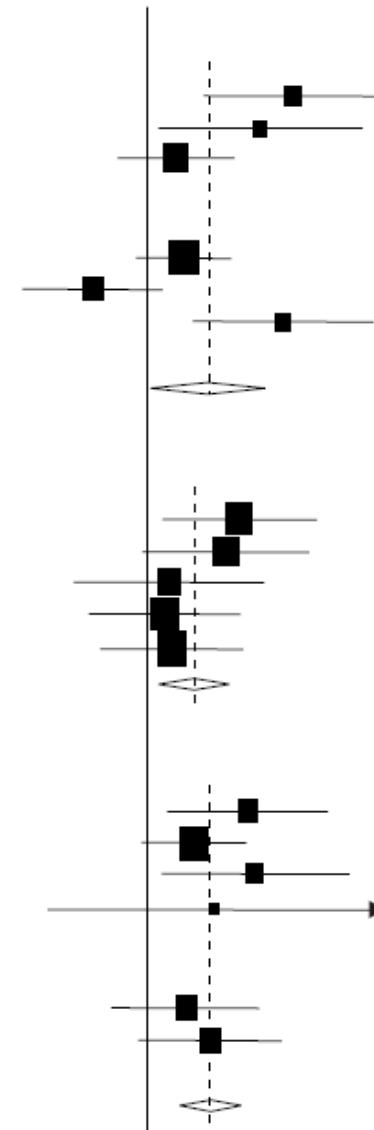
Hankinson 1999 <sup>6</sup>	76/105	Tertiles	2.88 (1.21–6.85)
Toniolo 2000 <sup>32</sup>	172/486	Quartiles	1.60 (0.91–2.81)
Muti 2002 <sup>34</sup>	69/267	Quartiles	3.12 (1.13–8.60)
Krajeik 2002 <sup>35</sup>	66/66	Quartiles	2.01 (0.33–12.40)
All cohort studies			2.08 (1.37–3.15)

### Case-control studies

Del Giudice 1998 <sup>31</sup>	99/99	Quintiles	1.47 (0.66–3.27)
Yu 2002 <sup>33</sup>	178/170	Tertiles	1.92 (0.88–4.20)
All case-control studies			1.68 (0.96–2.95)

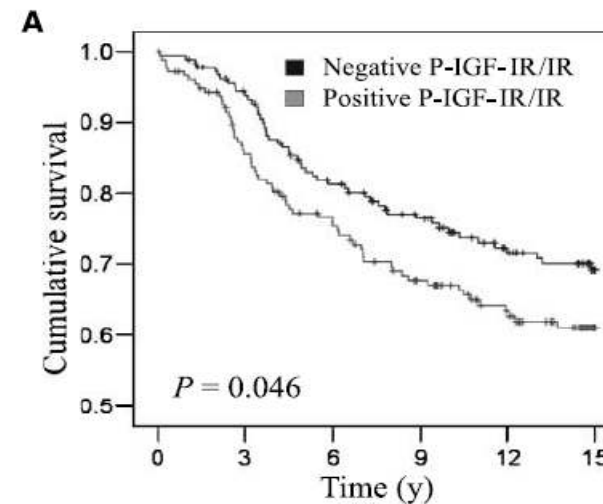
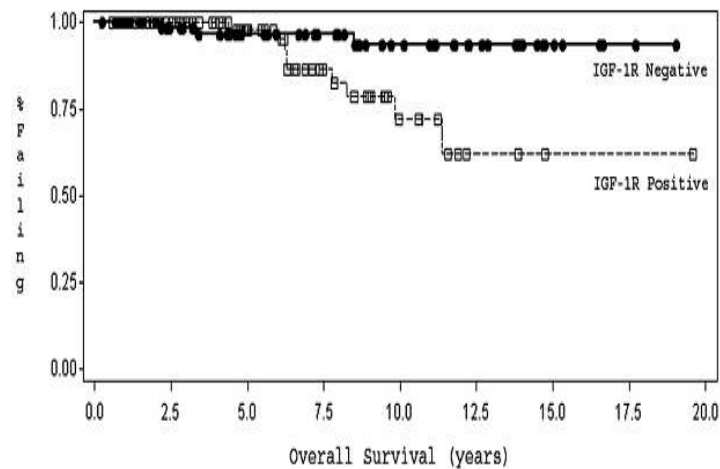
### All studies

1.93 (1.38–2.69)



# IGF-IR expression and prognosis of cancer

- IGF-IR expression was associated with lower overall survival in node-negative breast cancer patients
- Phosphorylated IGF-IR/IR staining in 438 invasive breast cancer tissues



- IGF-I activation has been associated with resistance to chemo- and radiation therapy
- There are ongoing clinical trials evaluating the efficacy of drugs targeting the IGF1R



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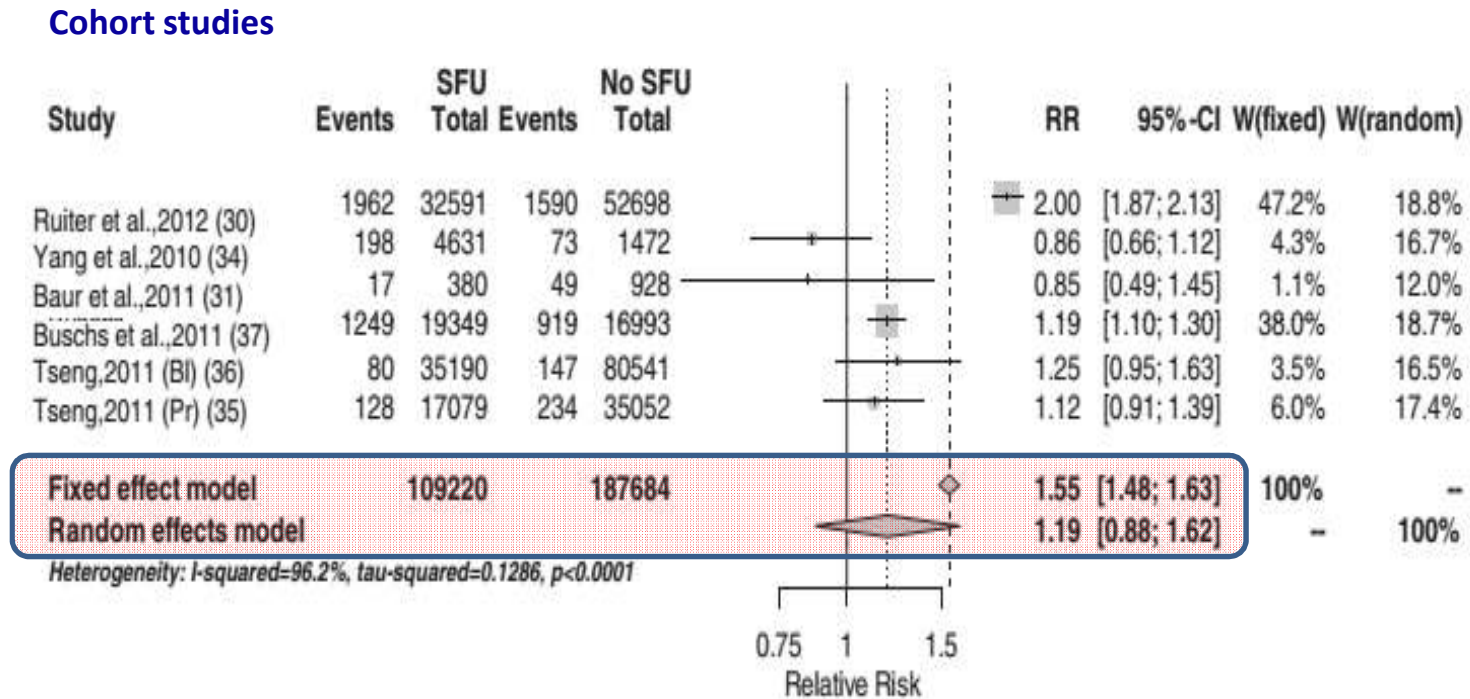
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# Anti-diabetic medications and cancer

**-Especially metformin & insulin**

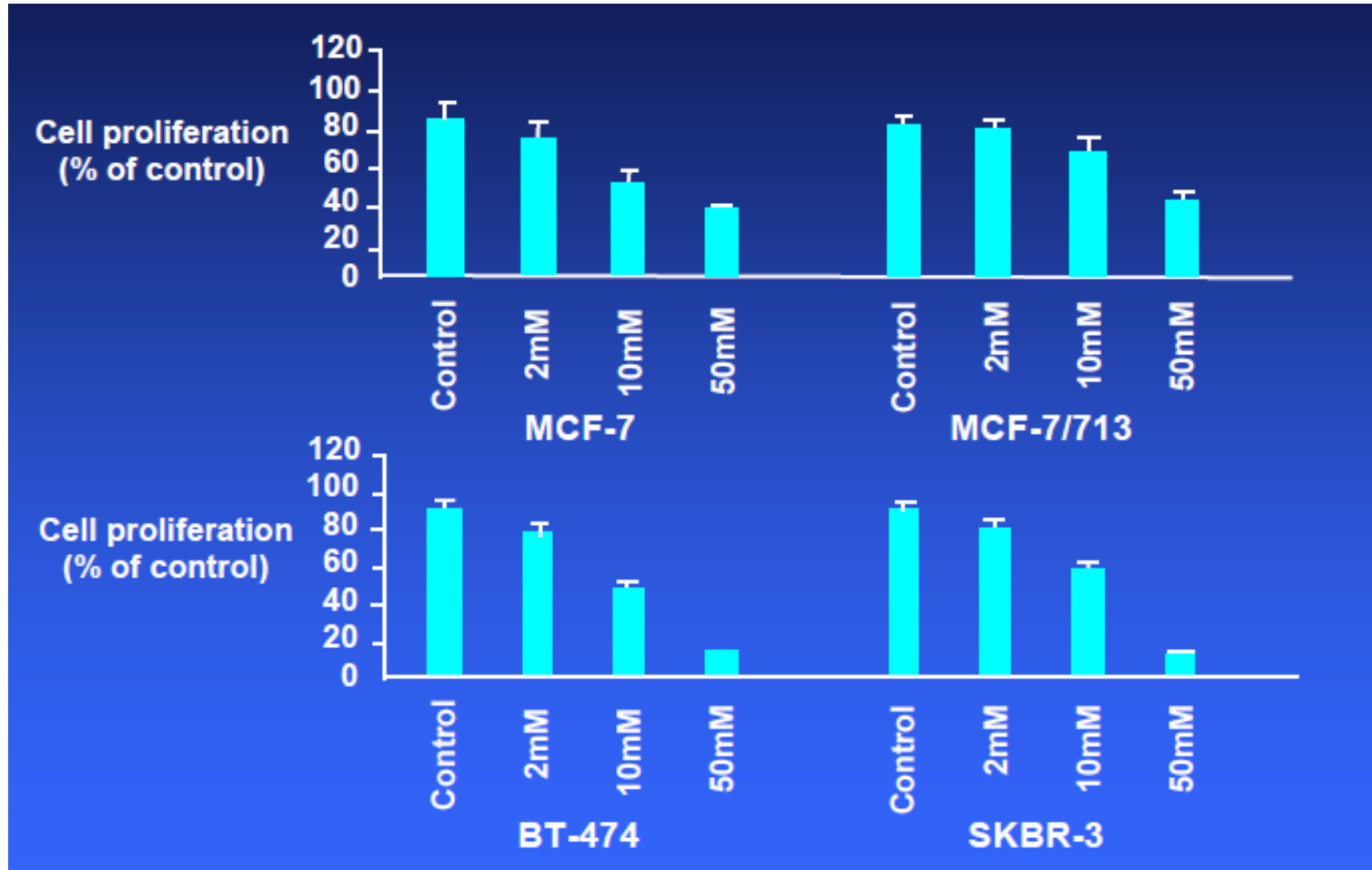


# Sulfonylurea & cancer: meta-analysis



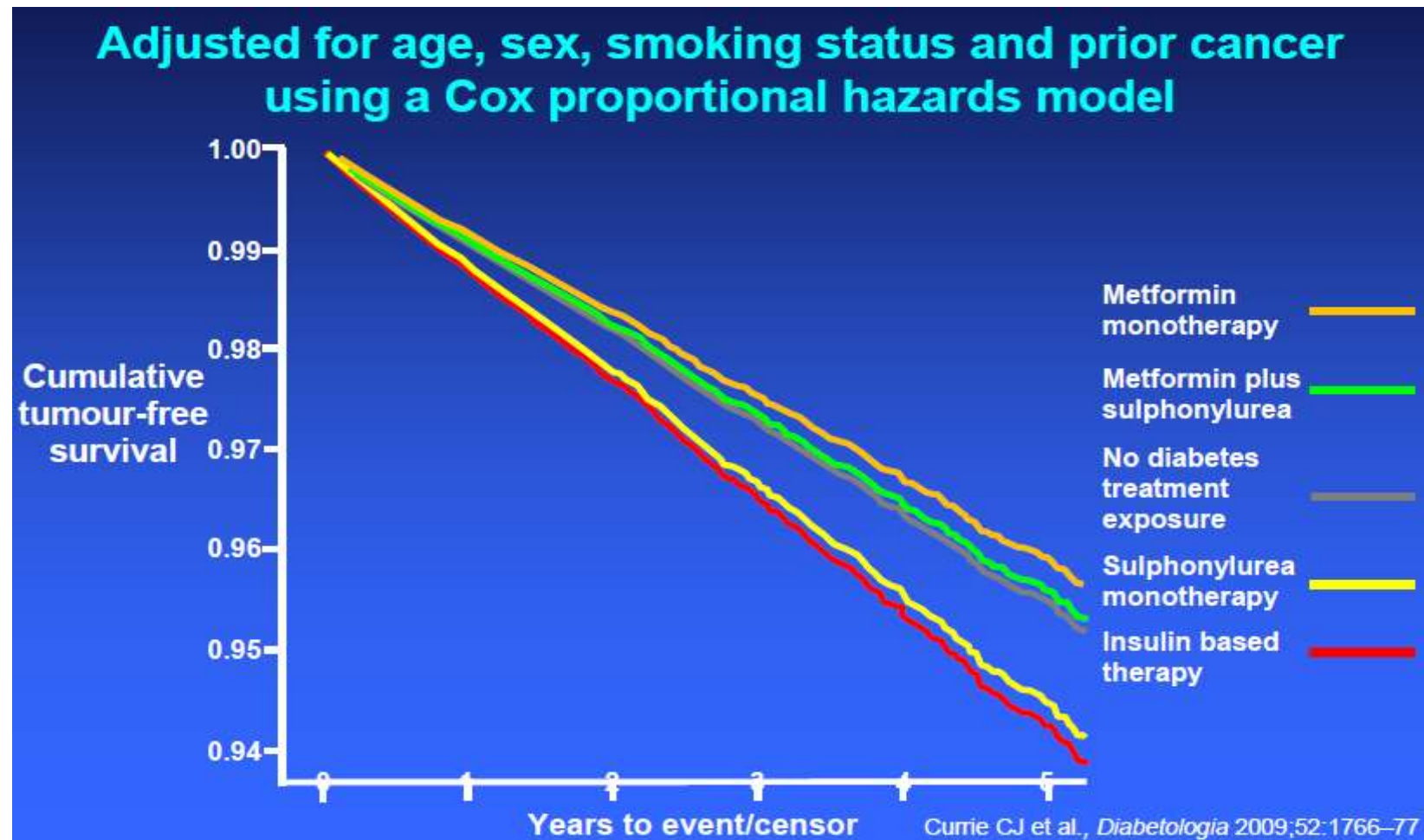
However, **Gliclazide** [HR=0.67 95% CI=0.51-0.89] and **glibenclamide** [HR=0.65 95% CI=0.49-0.83] were associated with **reduced risk of cancer**

# Anti-cancer effect of metformin on breast cancer cell lines



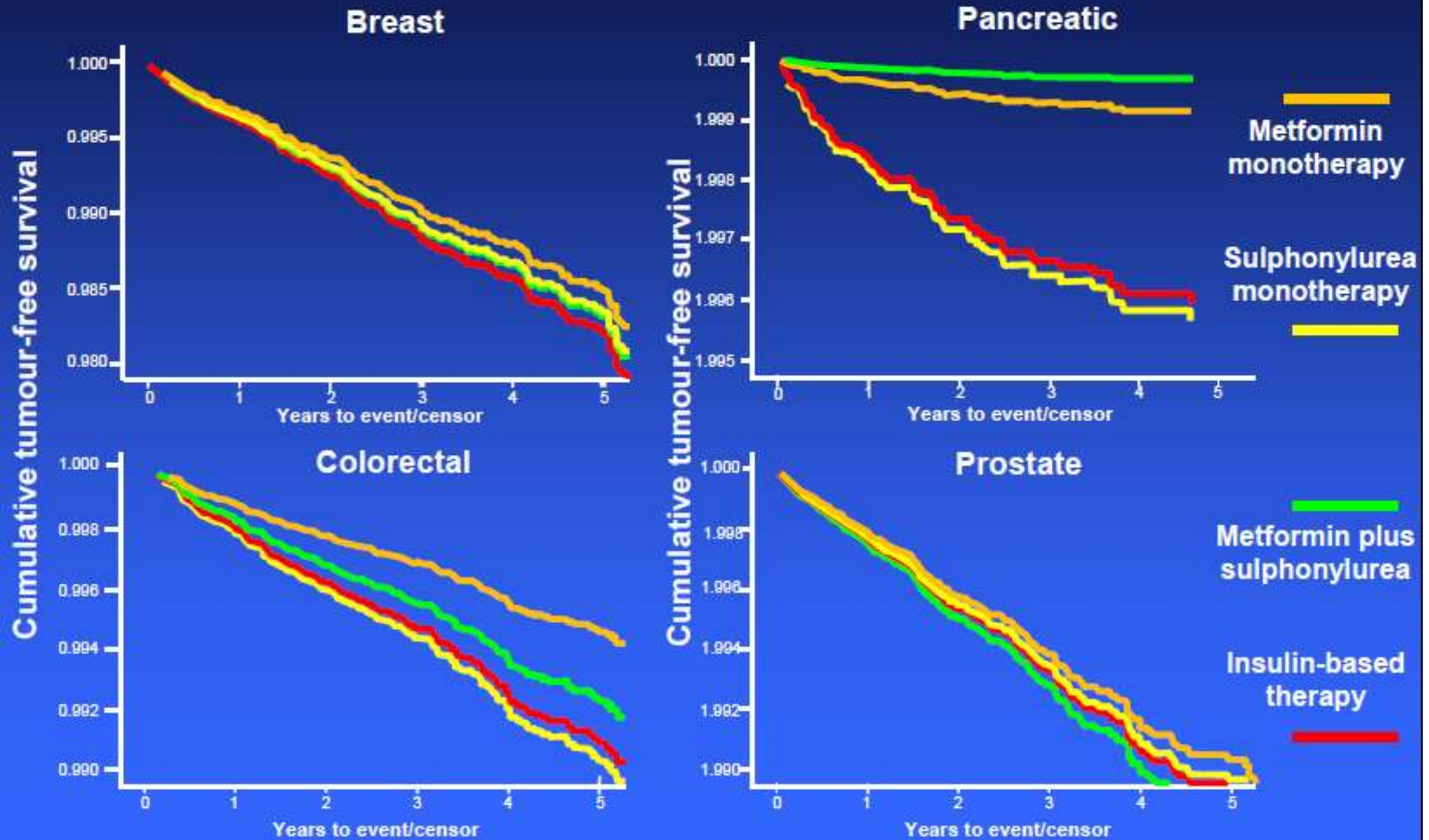
# General Practice Database Study (GPDS) in UK

Retrospective cohort study of people treated in UK general practices (N=62809)  
Who have recently initiated treatment





# Effects of therapy on different types of cancers



# Metformin & Breast Cancer

GP database study in UK

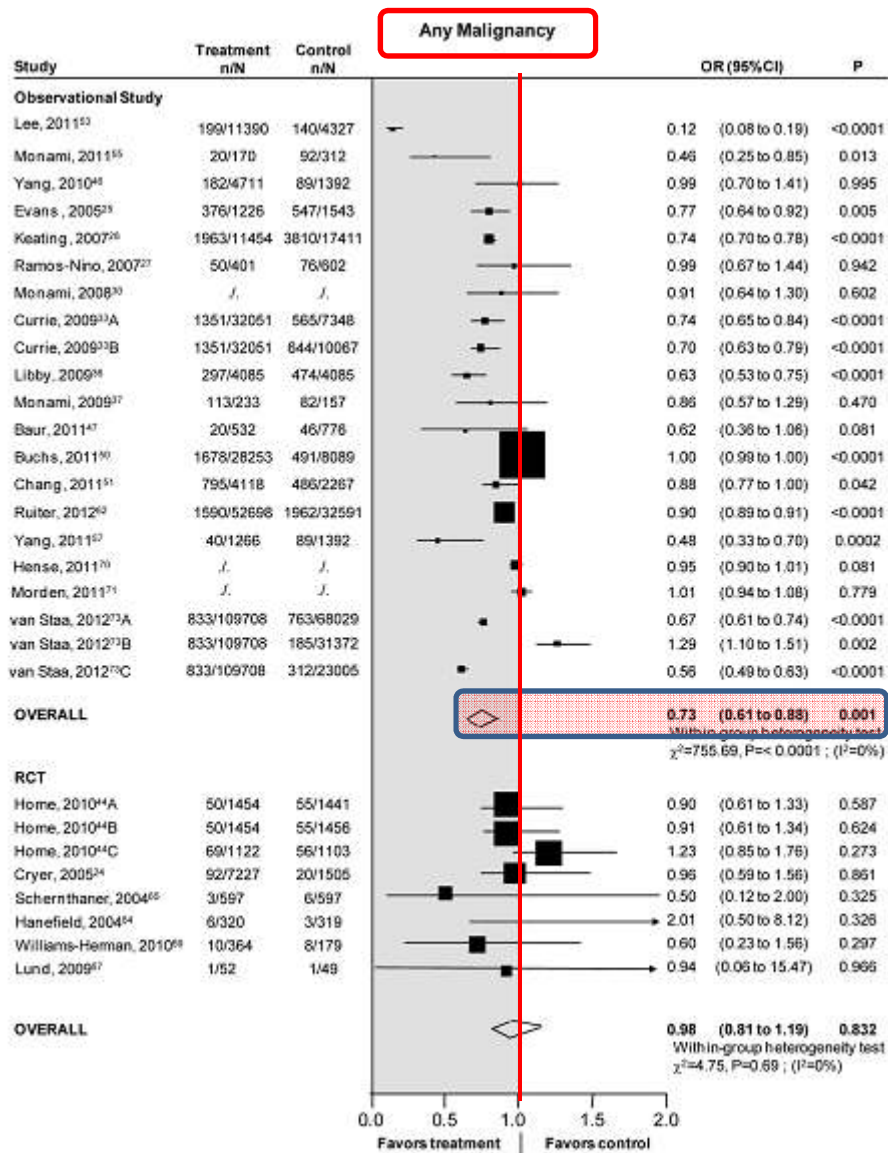
Table 3—Breast cancer risk in users of oral antidiabetic drugs and users of insulin

Drug and no. prescriptions	Case patients	Control patients	Unadjusted OR (95% CI)*	Adjusted OR (95% CI)†	P value‡
<i>n</i>	305	1,153			
Metformin					
None	140	540	1.00 (referent)	1.00 (referent)	
1–9	64	205	1.21 (0.86–1.72)	1.20 (0.82–1.78)	0.35
10–39	84	288	1.16 (0.85–1.60)	1.09 (0.76–1.55)	0.65
≥40 (≥5 yrs)	17	120	0.55 (0.31–0.97)	0.44 (0.24–0.82)	0.01
Sulfonylureas					
None	138	492	1.00 (referent)	1.00 (referent)	
1–9	62	243	0.87 (0.61–1.23)	0.85 (0.58–1.24)	0.39
10–39	71	292	0.87 (0.62–1.20)	0.79 (0.55–1.15)	0.22
≥40	34	126	0.96 (0.62–1.49)	1.03 (0.62–1.69)	0.92
Thiazolidinediones					
none	285	1,084	1.00 (referent)	1.00 (referent)	
1–4	4	24			
5–9	4	15			
≥10	12	30	1.59 (0.80–3.17)	1.76 (0.84–3.68)	0.13
Insulin					
none	262	1,022	1.00 (referent)	1.00 (referent)	
1–9	18	49	1.51 (0.86–2.66)	1.74 (0.95–3.21)	0.07
10–29	11	40	1.13 (0.57–2.26)	1.30 (0.62–2.70)	0.49
≥30	14	42	1.35 (0.72–2.54)	1.51 (0.76–3.01)	0.24

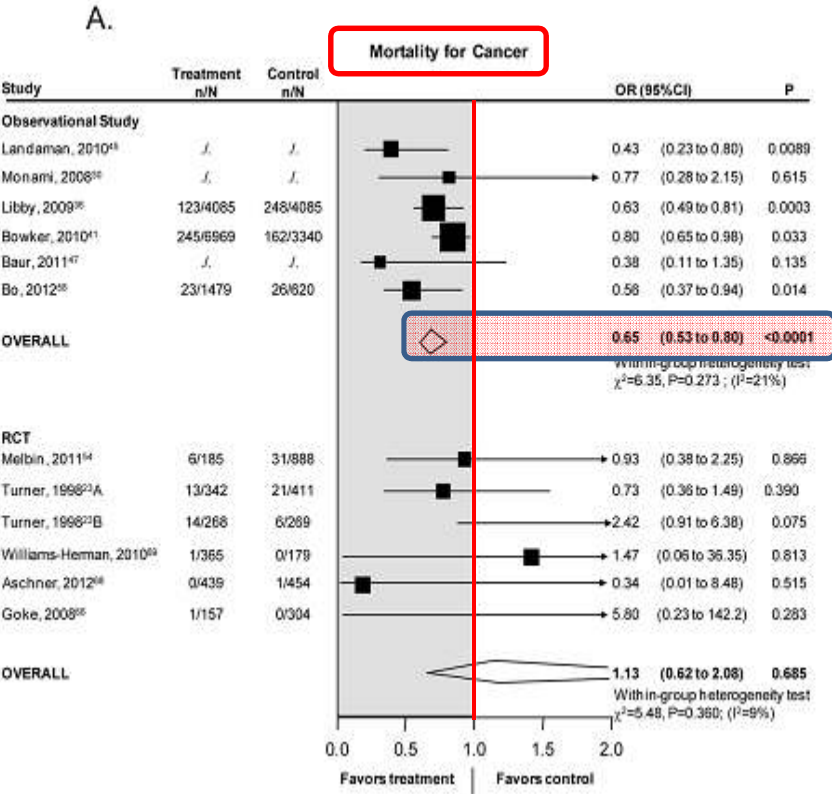
Data are n unless otherwise indicated. \*Adjusted for age, sex, general practice, and calendar time by matching. †Adjusted for age, sex, general practice, and calendar time by matching and further adjusted for each other plus use of prandial glucose regulators, acarbose, estrogens, smoking, BMI, diabetes duration, and A1C ‡P values relate to the adjusted model.



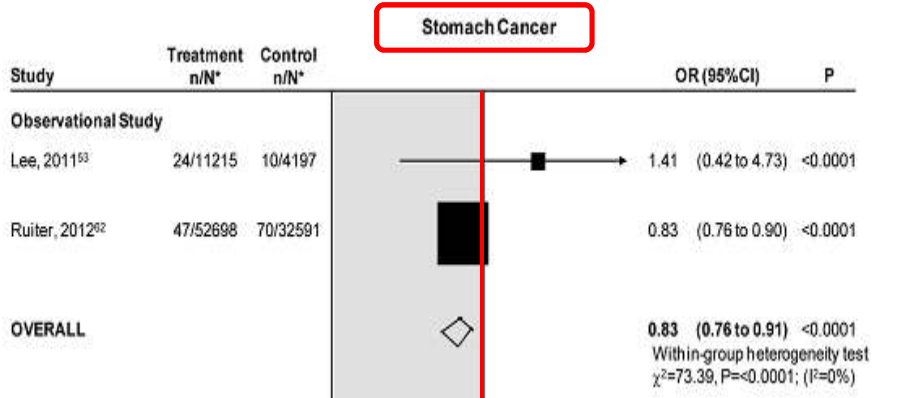
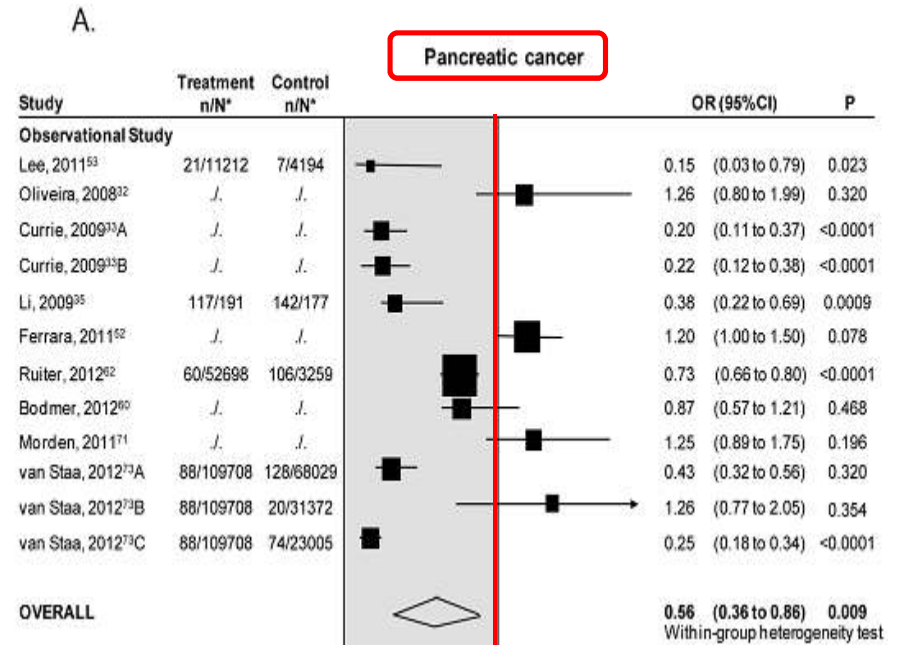
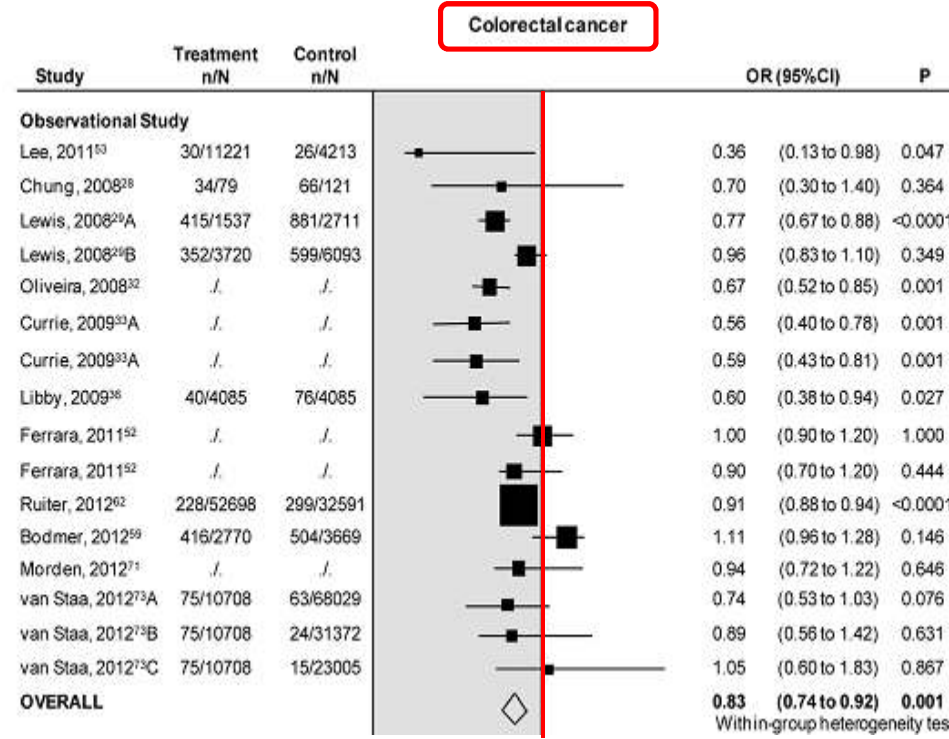
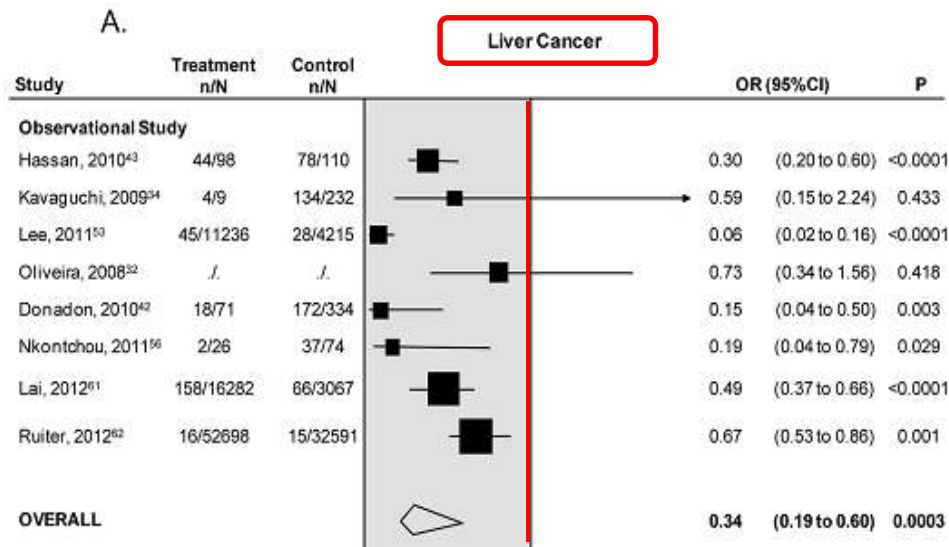
# Metformin & Cancer: meta-analysis



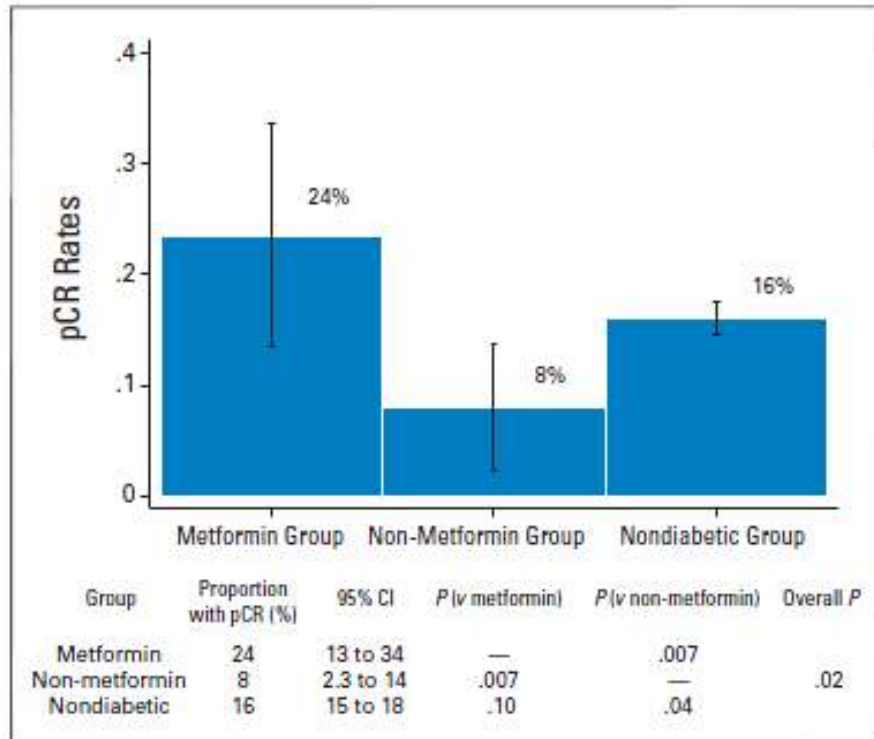
**27% reduction of all malignancy  
35% reduction of cancer mortality**



Franciosi M, Plos one 8:e71583, 2013



# Metformin and Pathologic Complete Responses to Neoadjuvant Chemotherapy in Diabetic Patients With Breast Cancer



**Fig 1.** Proportions of pathologic complete response (pCR) between study groups. Comparison of pCR rates between the study groups (graph) and pairwise statistical comparisons of pCR rates between the study groups.

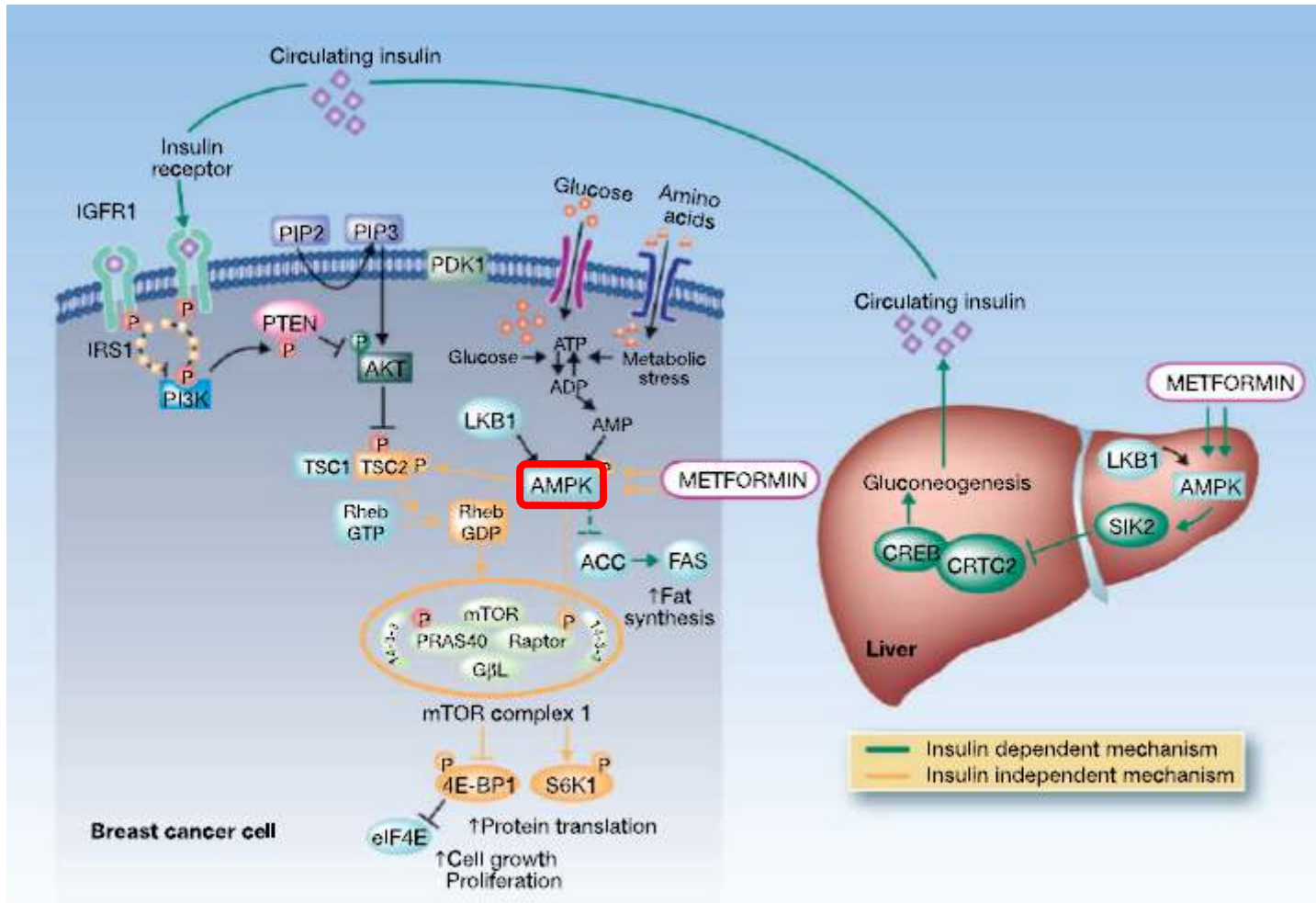
**Table 2.** Multivariate Logistic Regression Model for Pathologic Complete Response

Variable	Odds Ratio	95% CI	P
Diabetes, yes v no	0.44	0.20 to 1.00	.05
Age, $\geq$ 50 years v < 50 years	0.89	0.70 to 1.14	.36
<b>Metformin use, yes v no</b>	<b>2.95</b>	<b>1.07 to 8.17</b>	<b>.04</b>
Clinical stage, III v I and II	0.60	0.47 to 0.77	< .001
Tumor grade, 3 v 1 and 2	2.66	1.89 to 3.73	< .001
Hormone receptor status, ER positive and/or PR positive v both negative	0.34	0.26 to 0.44	< .001
HER-2 status, positive v negative	2.38	1.86 to 3.05	< .001
Neoadjuvant taxane use, yes v no	2.30	1.65 to 3.20	< .001
BMI			
Overweight v normal/underweight	0.77	0.56 to 1.04	.09
Obese v normal/underweight	1.16	0.88 to 1.55	.299

Abbreviations: ER, estrogen receptor; PR, progesterone receptor; HER-2, human epidermal growth factor receptor 2; BMI, body mass index.



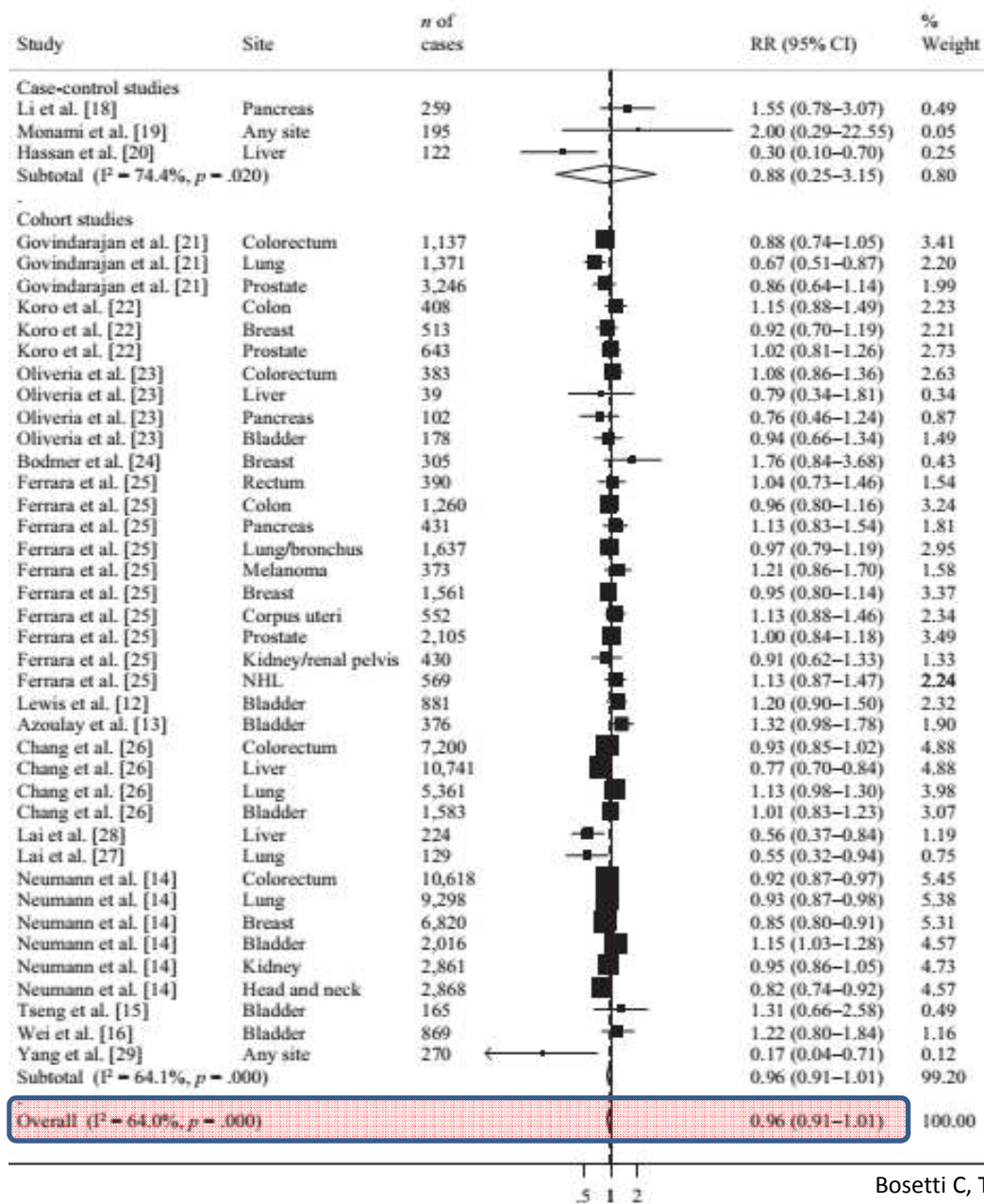
# Metformin & Cancer

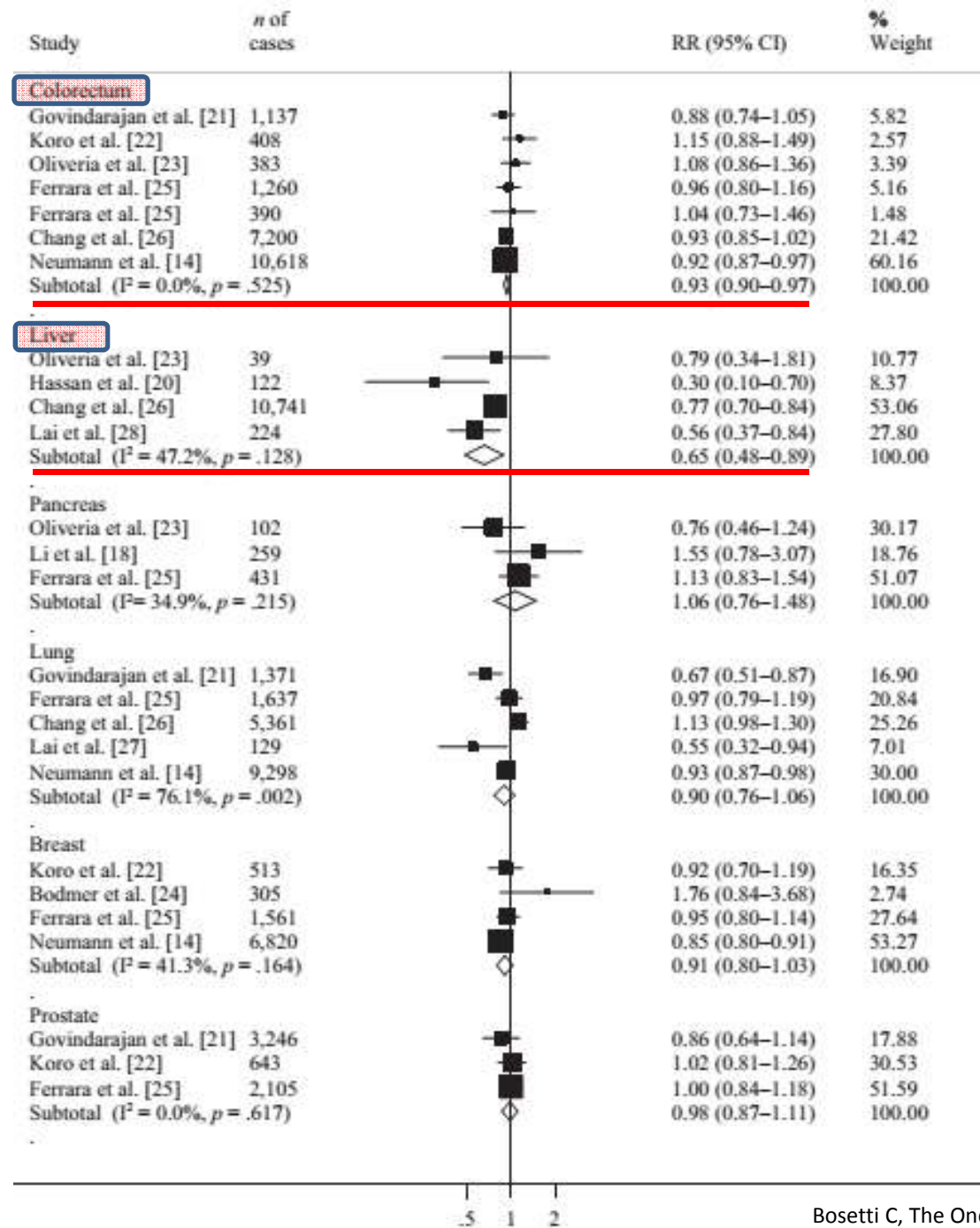


# TZD and cancer



# TZD and cancer: a meta-analysis



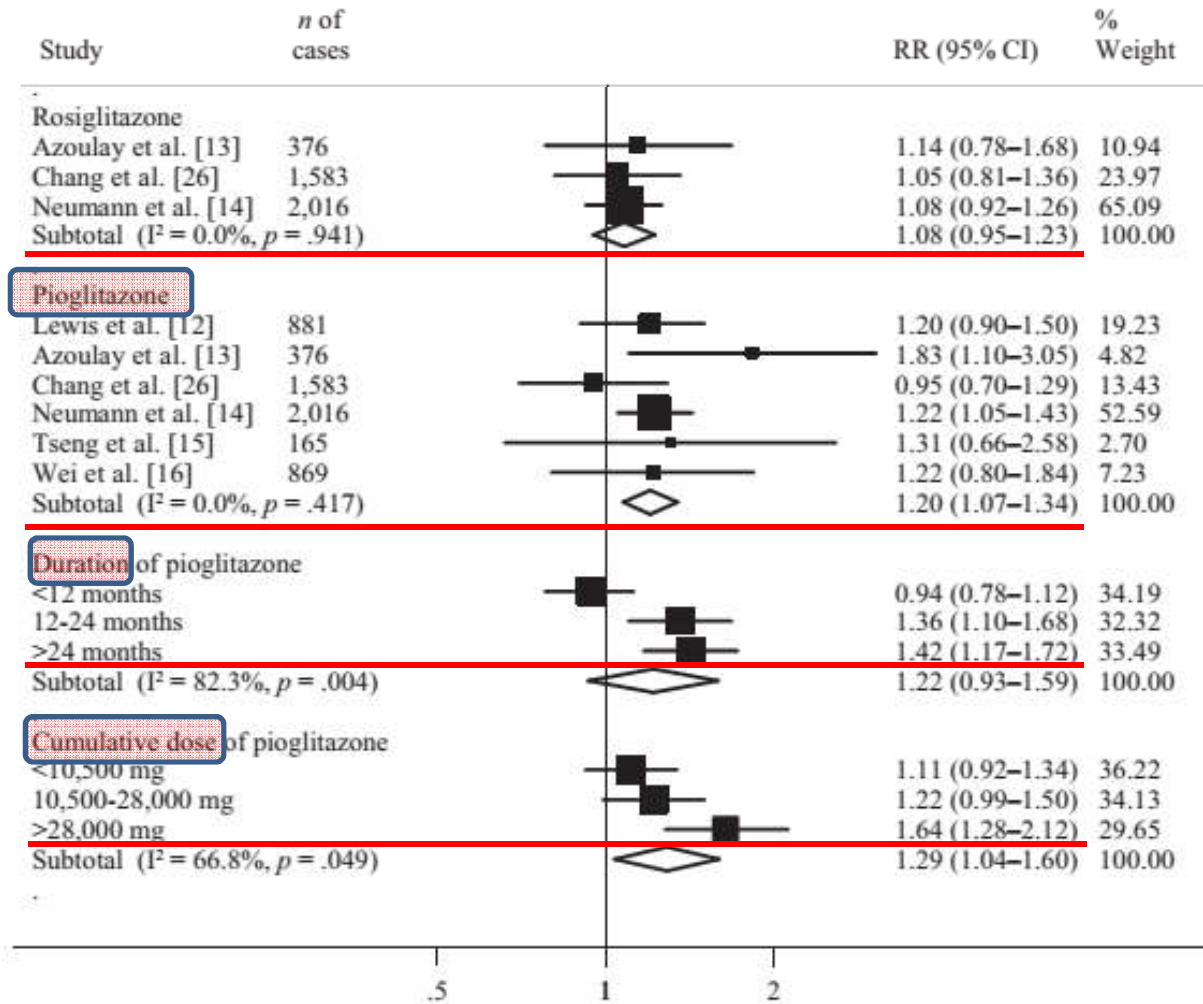


# Pioglitazone and bladder cancer

- Preclinical studies suggested an association between pioglitazone use and the development of bladder cancerous tumors in male rats
- The FDA reviewed 93 post-marketing reports of bladder cancer in T2DM patients between 2004 and 2009 and found a 4-fold increase in the risk of bladder cancer among pioglitazone users
- On June 2011, FDA issued a warning of increased bladder cancer risk associated with pioglitazone, French Medicines Agency suspended the use of pioglitazone



# TZD and bladder cancer



# The Risk of Bladder Cancer in Korean Diabetic Subjects Treated with Pioglitazone

Sun Ok Song\*, Kwang Joon Kim\*, Byung-Wan Lee, Eun Seok Kang, Bong Soo Cha, Hyun Chul Lee

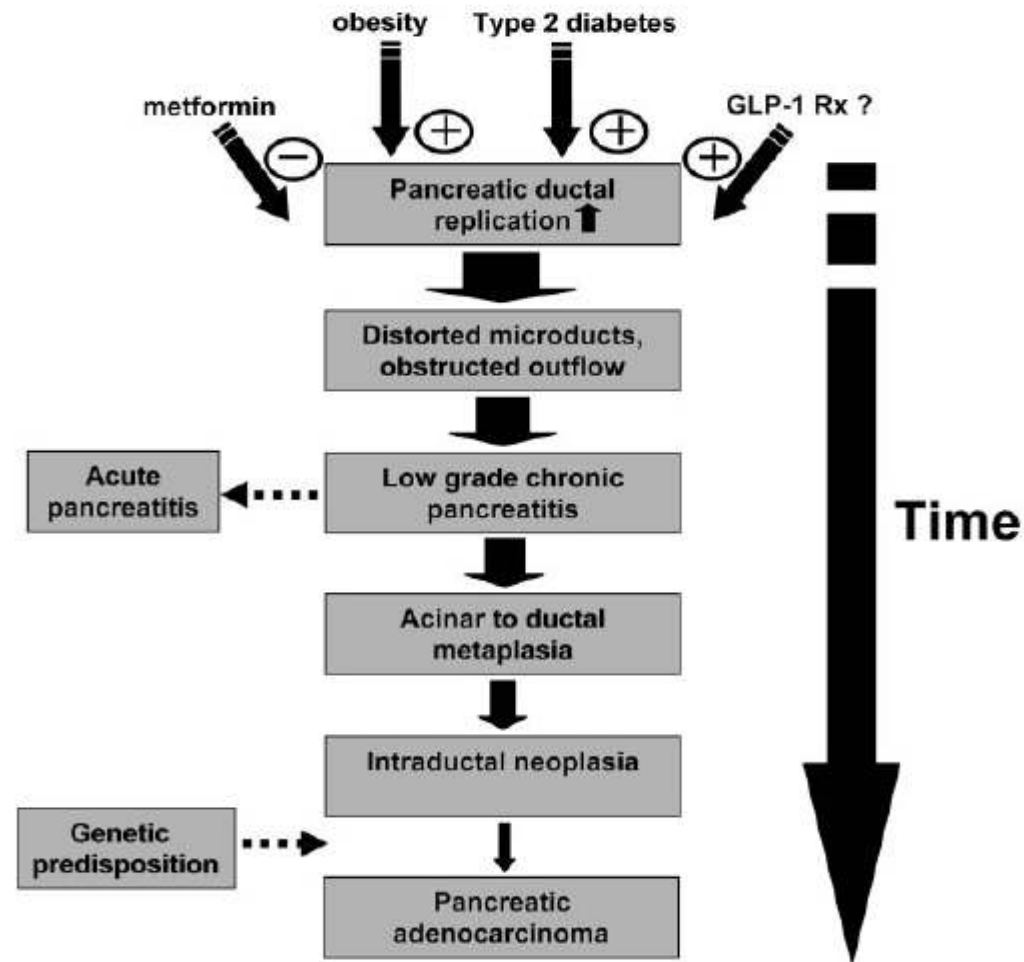
Division of Endocrinology and Metabolism, Department of Internal Medicine, Severance Hospital, Yonsei University College of Medicine, Seoul, Korea

- Retrospective, matched case-control study
- Case group with diabetic patients with bladder cancer (n=329) vs. age-sex-matched diabetic patients (n=685)

Table 2. Independent variables predicting bladder cancer

Variable	OR	95% CI for OR	P value
Alcohol	1.563	0.941-2.598	0.085
Smoking	11.643	6.563-20.655	<0.001
History of pioglitazone use	2.09	0.260-16.814	0.488
Coexisting cancer	6.113	2.247-16.627	<0.001
Hemoglobin	0.779	0.689-0.880	<0.001
Albumin	0.968	0.645-1.453	0.876

# GLP-1-based therapy and cancer

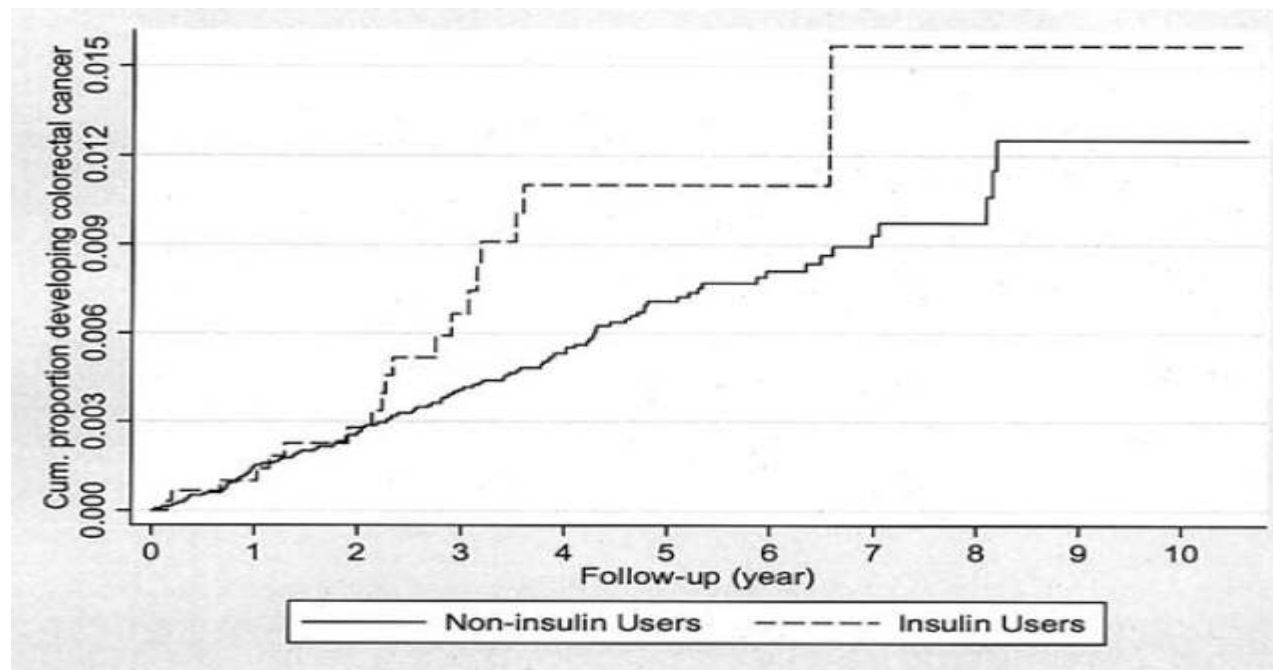


# Insulin and cancer



# Insulin therapy and colorectal cancer

- Retrospective case-control study of the General Practice Research Database from UK
- Insulin users (at least > 1yr, N=3160) vs. noninsulin-using T2DM patients (N=24918) for occurrence of colorectal cancer
- Age  $74.9 \pm 8.4$  yrs, f/u  $5.6 \pm 1.8$  yrs



insulin users

noninsulin users

# Insulin therapy and colorectal cancer

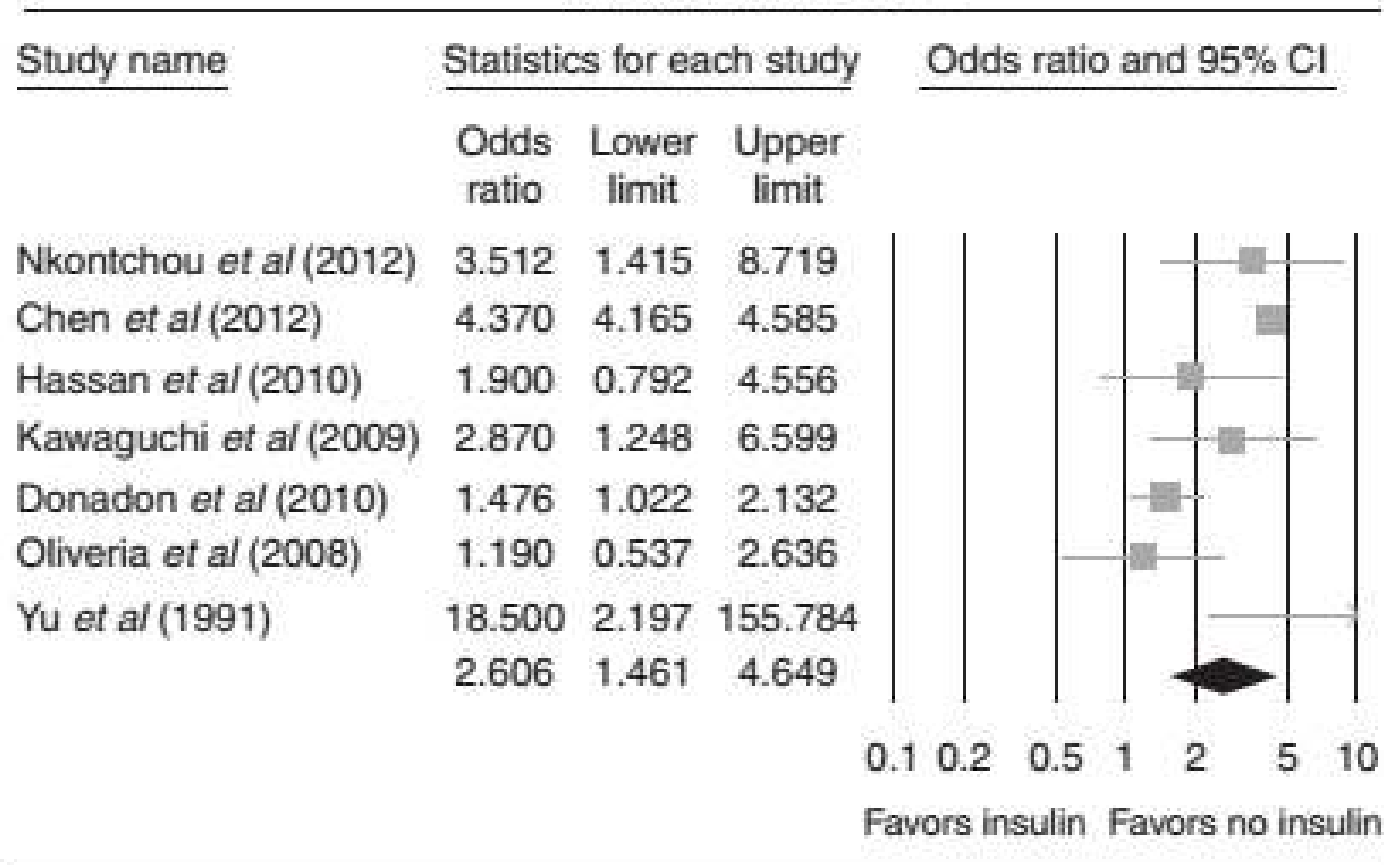
Nested case-control analysis (matched for age, duration of DM)

	Unadjusted OR (95% CI)	Adjusted OR (95% CI)
No insulin therapy (reference)	1.0	1.0
≥1 year and <3 years of insulin use	1.2 (0.6-2.6)	1.4 (0.6-2.9)
≥3 years and <5 years of insulin use	2.2 (0.9-5.5)	2.9 (1.1-7.7)
≥5 years of insulin use	2.8 (0.9-8.5)	4.7 (1.3-16.7)
Each incremental year of insulin therapy	1.13 (0.99-1.3)	1.2 (1.03-1.4)

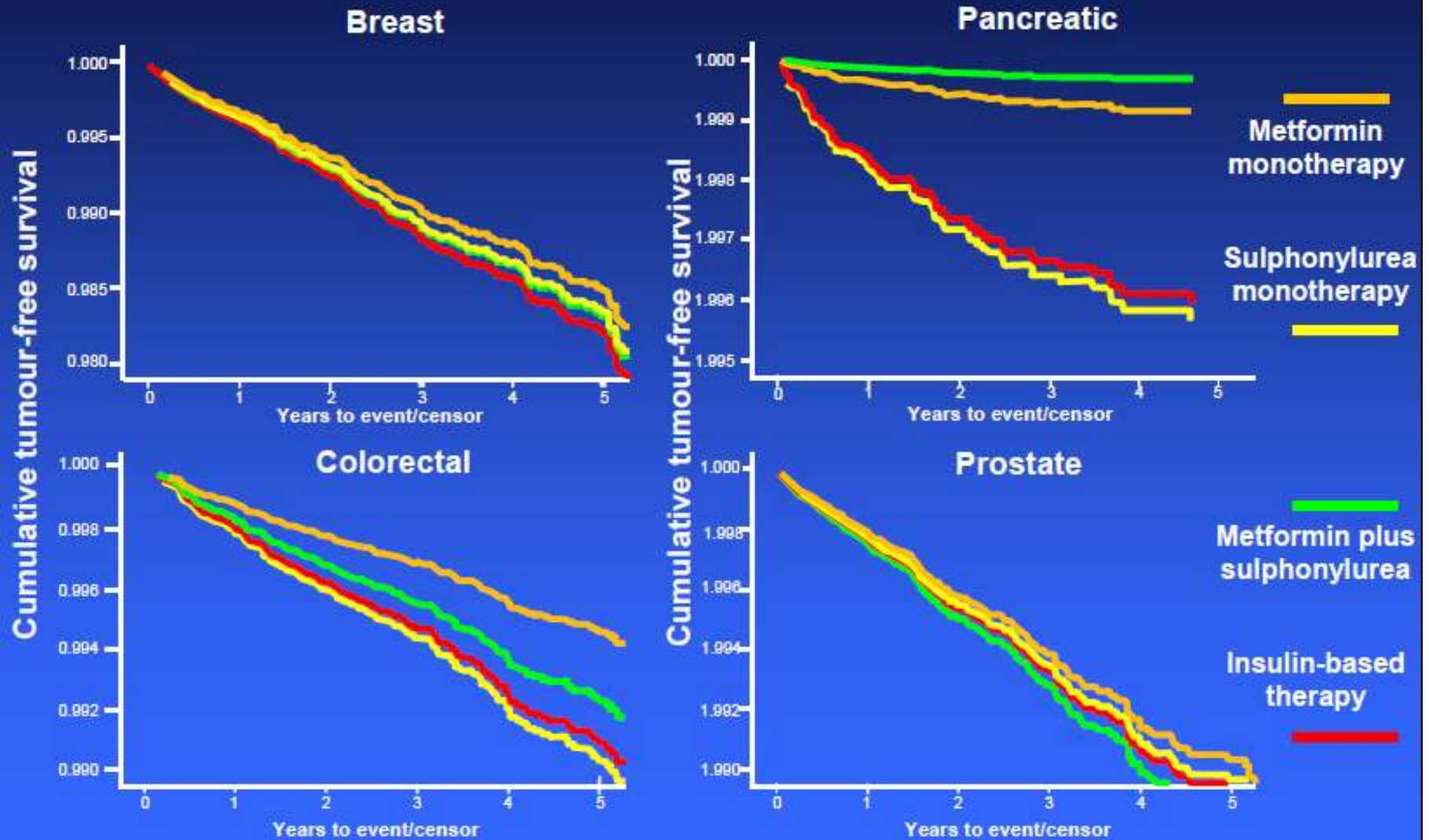
Adjusted for sex, history of cholecystectomy, smoking, duration of diabetes, BMI, use of metformin, sulfonylurea, or NSAID

# Insulin and hepatocellular carcinoma

Insulin and risk of HCC

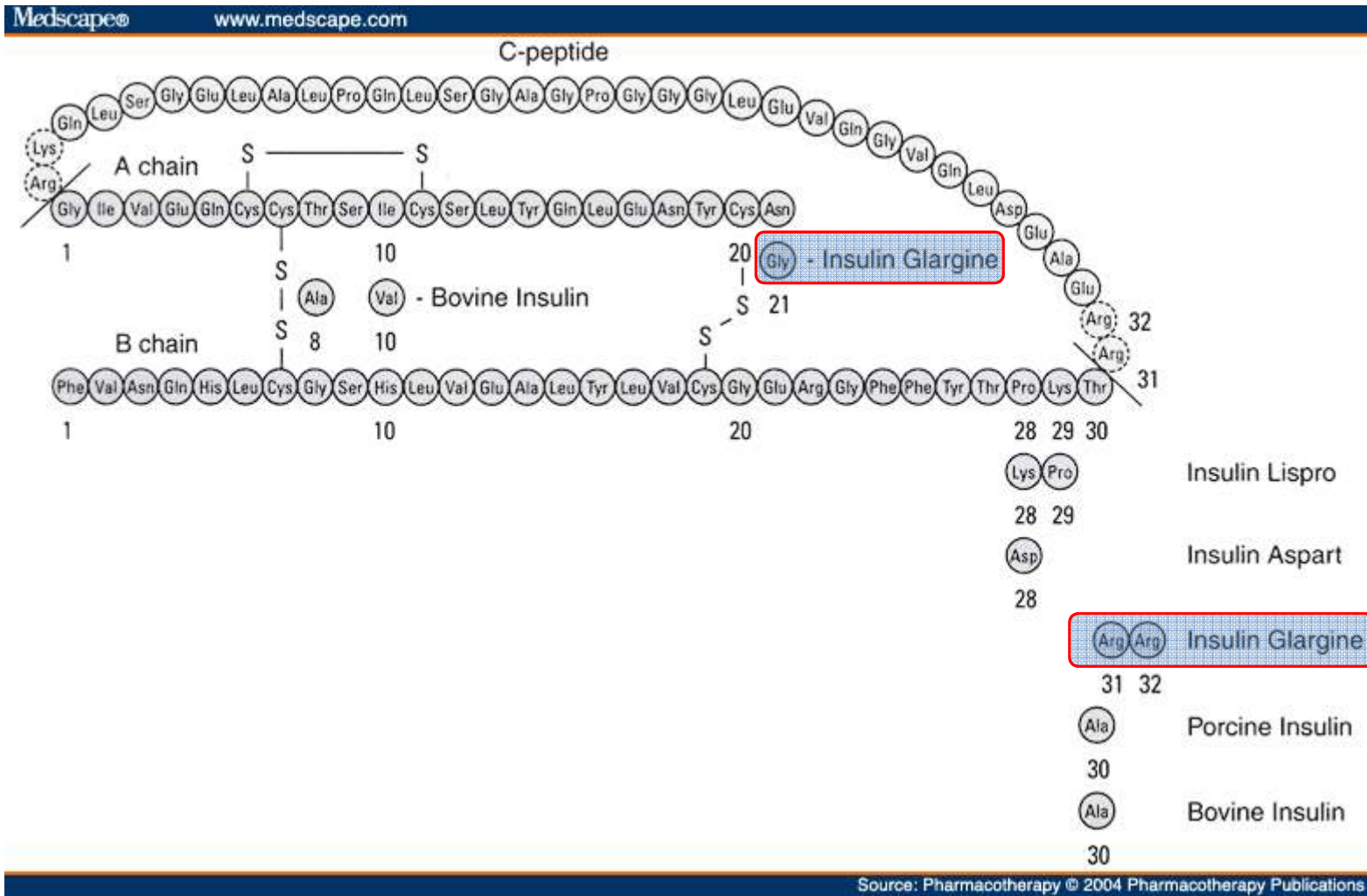


# Effects of therapy on different types of cancers





# Insulin analogues



# Insulin analogues and mitogenicity

Analog	Insulin receptor affinity (%)	Insulin receptor off-rate (%)	IGF-I receptor affinity (%)	Mitogenic potency (%)
Human insulin	100	100	100	100
B10Asp	205 ± 20	14 ± 1	587 ± 50	975 ± 173
Aspart	92 ± 6	81 ± 8	81 ± 9	58 ± 22
Lispro	84 ± 6	100 ± 11	156 ± 16	66 ± 10
Glargine	86 ± 3	152 ± 13	641 ± 51	783 ± 132
A21Gly	78 ± 10	162 ± 11	42 ± 11	34 ± 12
B31B32diArg	120 ± 4	75 ± 8	2,049 ± 202	2,180 ± 390
Detemir	46 ± 5/18 ± 2	204 ± 9	16 ± 1	11

# Insulin glargine & cancer: a German study

- German statutory health insurance database
- Diabetic patients without known malignancies and had received first-time therapy exclusively with human insulin, aspart, lispro, glargine
- N=127031, f/u 1.63 yrs

	HR (95% CI, reference group: human insulin)		
Covariates	Aspart	Lispro	Glargine
None	0.86	0.85	<b>0.85</b> (0.79-0.93)
Age, sex	0.95	0.90	0.86 (0.79-0.94)
Age, sex, dose	1.01	0.99	<b>1.14</b> (1.05-1.24)
Final model			
10 IU	1.00	0.99	<b>1.09</b> (1.00-1.19)
30 IU	1.02	0.98	<b>1.19</b> (1.10-1.30)
50 IU	1.04	0.98	<b>1.31</b> (1.20-1.42)

# Limitations

## 1. Allocation bias

Human insulin group	Insulin glargine group
Type 1 & type 2 diabetes	Type 2 diabetes only
OHA 77.2% (SU 66.7%)	OHA 92.1% (SU 79.8%)
More frequent hospitalization before enrollment	Older
NPH insulin &/or RI	Insulin glargine only
Basal, basal plus, & basal bolus	Basal only

2. No information of confounding factors  
(BMI, diabetes duration and smoking)

3. Large number of exclusion  
(participants who changed insulin type)

## The three other analyses published in *Diabetologia*

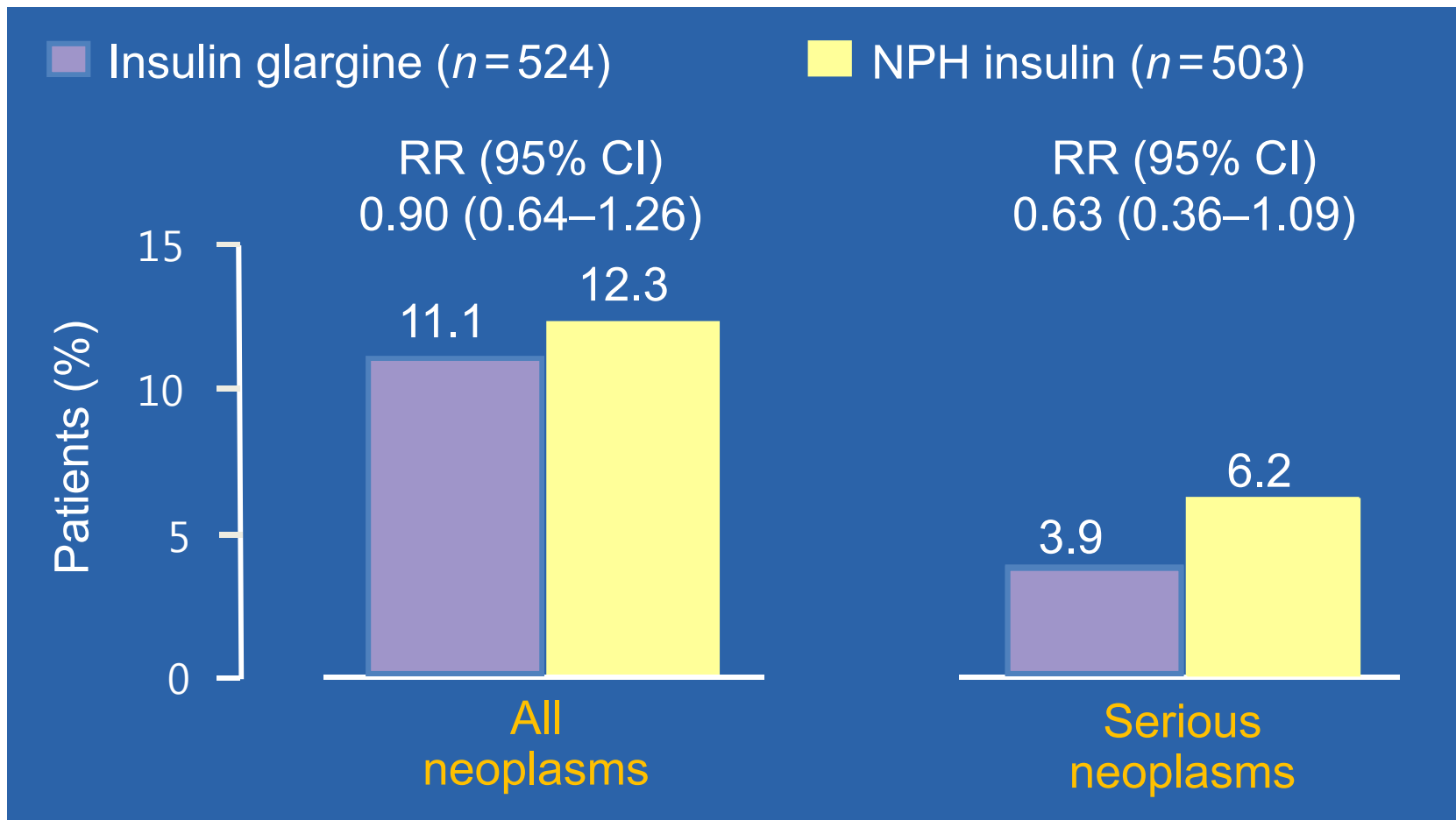
Country and population	Main allegations concerning Lantus	Remarks
Sweden N=114,841	<ul style="list-style-type: none"> <li>• No increased risk of cancer overall</li> <li>• Higher risk of breast cancer only in patients taking glargine alone but not in patients taking glargine plus other insulins</li> </ul>	<ul style="list-style-type: none"> <li>• Low number of breast cancers</li> <li>• allocation bias</li> </ul>
Scotland N=49,197	<ul style="list-style-type: none"> <li>• Higher overall cancer rate in patients treated with glargine alone, but not in patients treated with glargine plus other insulin</li> </ul>	<ul style="list-style-type: none"> <li>• Inconsistency in cancer findings among fixed and incidence cohorts</li> <li>• allocation bias</li> </ul>
UK N=62,809	<ul style="list-style-type: none"> <li>• No evidence of increased risk of cancer with glargine compared with human insulin</li> </ul>	<ul style="list-style-type: none"> <li>• Less heterogeneity between insulin-treated patients than in the other analyses</li> </ul>

Currie, *Diabetologia* 2009;52:1766–77

Jonasson, *Diabetologia* 2009;52:1745–54

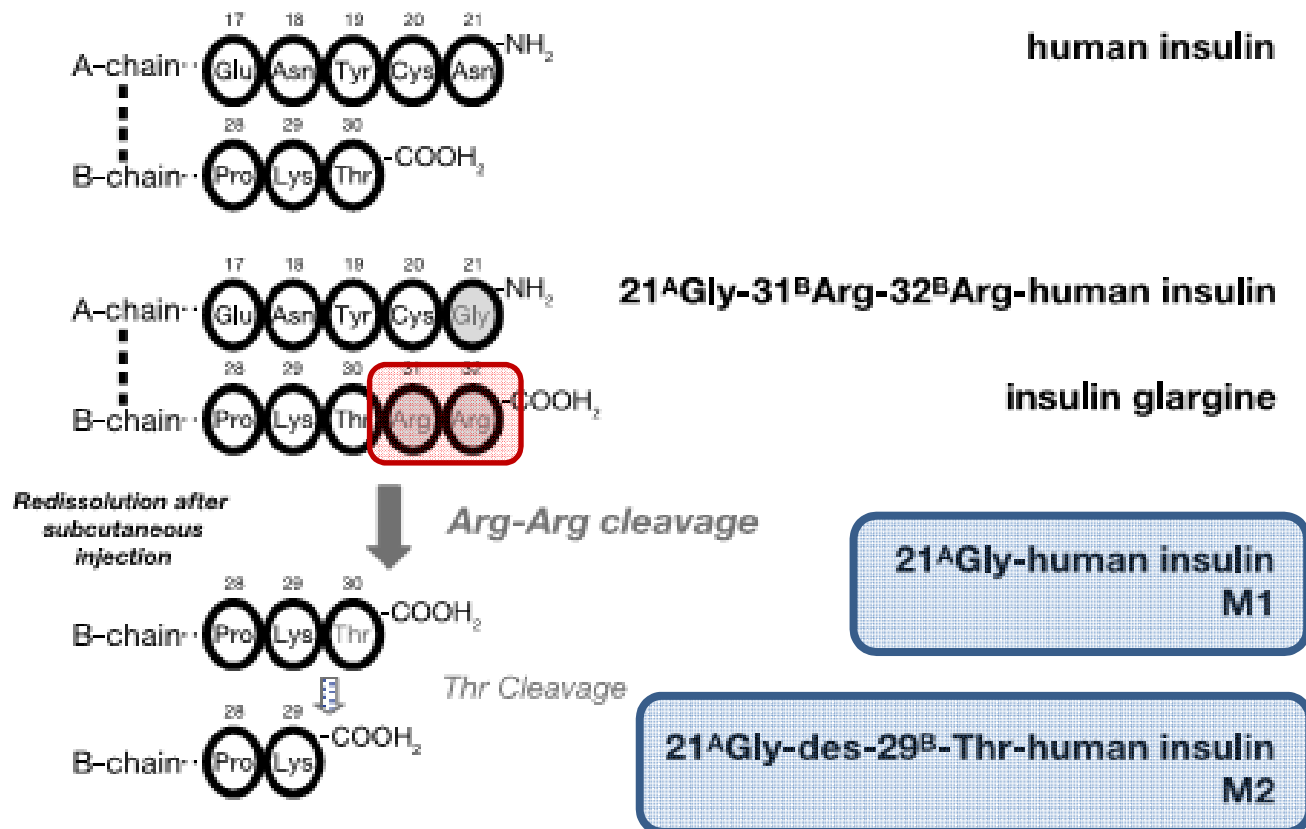
Colhoun, SDRN Epidemiology Group. *Diabetologia* 2009;52:1755–65

## Cancer rates in the 5-year randomized controlled trial (insulin glargine vs. NPH insulin)



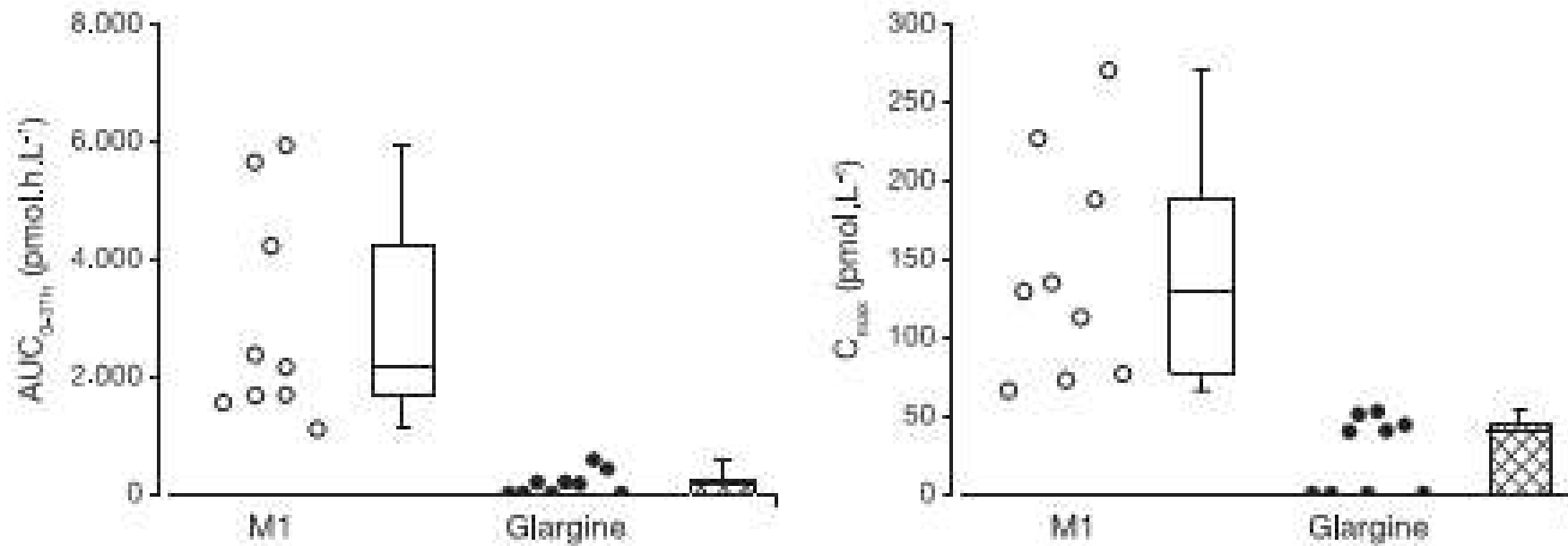


# Insulin glargine metabolism after subcutaneous injection

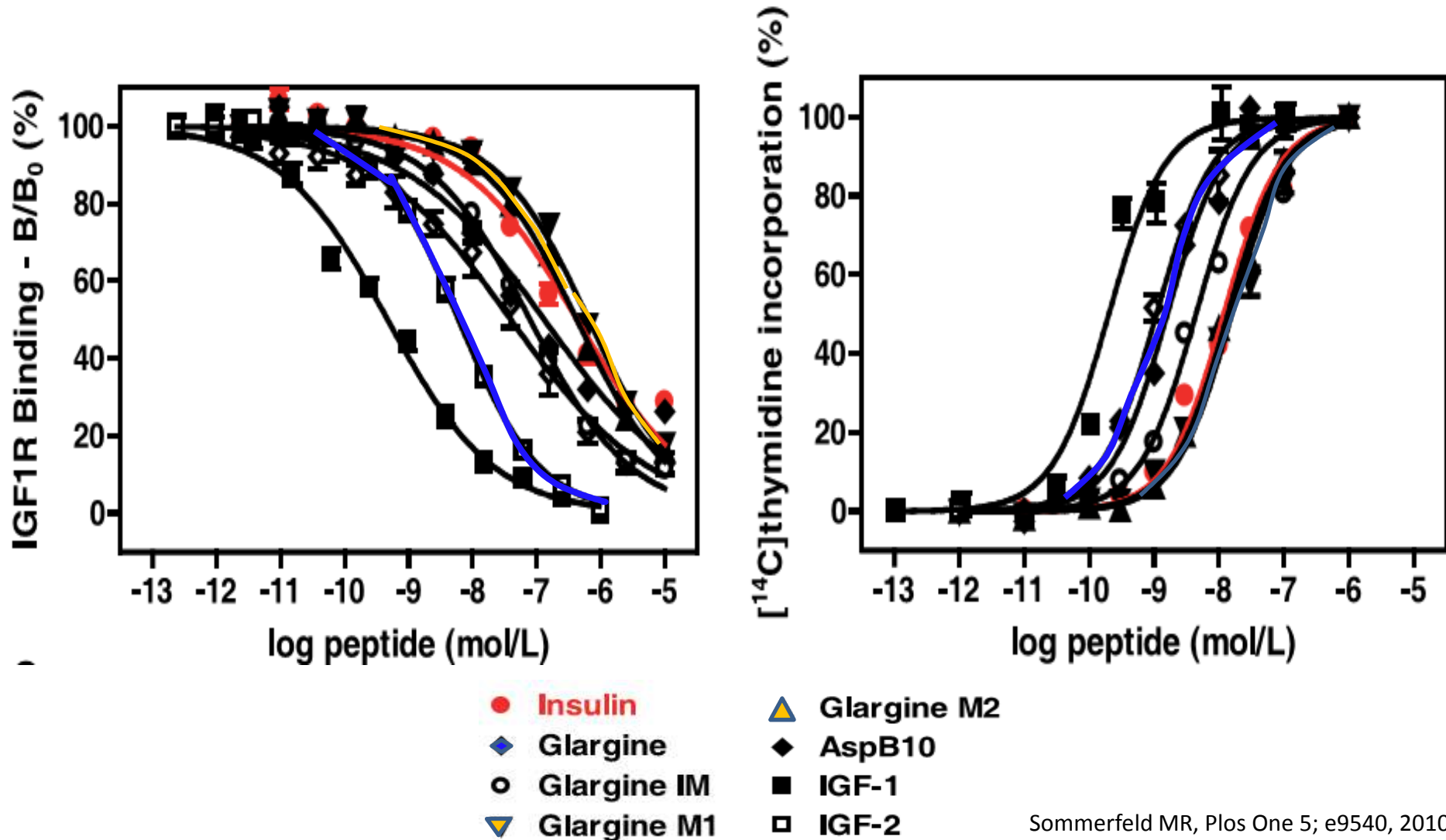


**Figure 1**—Insulin glargine maturation and metabolism after subcutaneous injection. Enzymatic removal of the COOH-terminal basic arginine pair yields 21<sup>A</sup>-Gly-human insulin metabolite M1, the principal active moiety of glargine. Subsequent cleavage of 30<sup>B</sup>-threonine yields M2.

# Metabolism of insulin glargine after daily subcutaneous injections in T2DM



# Activity of insulin analogs on the human IGF1R and mitogenic potential



ORIGINAL ARTICLE

# Basal Insulin and Cardiovascular and Other Outcomes in Dysglycemia

The ORIGIN Trial Investigators\*

- 12,537 people with CV risk factors plus IFG, IGT, or T2DM
- Insulin glargine vs. standard care
- During median 6.2yr f/u, there was **no significant difference in cancer incidence (HR=1.00)**

**Insulin glargine and risk of cancer: a cohort study  
in the French National Healthcare Insurance Database**

Blin P, Diabetologia 55; 644-653, 2012

**Cancer Risk Associated with Insulin Glargine among  
Adult Type 2 Diabetes Patients – A Nationwide Cohort  
Study**

Chang C, Plos One 6; e21368, 2011

**The chapter on whether insulin glargine is an  
independent risk factor for cancer may now be  
closed**

71, 2011

**Risk of cancer in patients on insulin glargine and other  
insulin analogues in comparison with those on human  
insulin: results from a large population-based  
follow-up study**

Ruiter R, Diabetologia 55; 51-62, 2012

**Insulin Glargine and Cancer Risk in Patients with  
Diabetes: A Meta-Analysis**

Tang X, Plos one 7; e51814, 2012

# Problems of and clinical implications observational studies

- **Several methodological problems** in observational studies : allocation bias, lack of adjusting for confounding factors, reverse causality, short follow-up time, detection bias...
- Randomized controlled study with cancer occurrence as a primary outcome is hard to carry out
- Better designed, less biased observational studies should be needed



# Conclusion ( I )

- Cancer should be recognized as an important complication and cause of death of type 2 diabetes
- As hyperinsulinemia is a major contributing factor in the development of cancer, exogenous insulin exposure has been linked to a higher risk of cancer, whereas metformin linked to a lower risk of cancer

# Conclusion ( II )

- Therefore, cancer risk can potentially be modified by **lifestyle changes and metformin** in diabetes
- Although some medications may be associated with the increased risk of cancer, **clinicians should continue to consider the benefits of optimal glycemic control** over any presumed cancer risks in the management of diabetes

2013 International Conference on Diabetes  
and Metabolism & 5<sup>th</sup> Scientific Meeting of the  
Asian Association for the Study of Diabetes

6~9 November 2013  
Grand Hilton Seoul Hotel, Seoul, Korea

**Thank you for your attention!**



- Cancer screening  
There is no DM-specific cancer screening recommendations
- In DM pats, overall cancer screening rate is lower
- TZD ca 감소하는 경향인데 방광암은 느는 이유
- GLP1

tiated enough. Such considerations should not currently influence our treatment decisions regarding the potential prescription of GLP-1 receptor agonists or DPP-4 inhibitors within a treatment regimen for type 2 diabetes.

Ca. mortality 증가:

- 1. It is unclear if diabetes makes the cancer more aggressive, or host mechanism to resistant to ca progression
- Diabetic pts receive less appropriate anti-ca tx
- Response to the CTx is worse

T1DM

- No increased risk of breast, pancreatic, c-r, kidney cancer, but increased stomach (pernicious anemia. H pylori), endometrial, and cervical ca (higher incidence of irregular mens and fertility disorders in T1DM)

Liver, pancreatic ca가 많은 이유

Colon ca: in addition to hyperinsulinemia, they have slow bowel transit time and high fecal bile acid concentration

NNH: number needed to harm is 5 cases of bladder cancer per 100,000 pys